



Welcome to  
St John Ambulance

# Stepping forward to save lives and support communities

St John Ambulance supplies everything you need to keep your workplace and community safe. In fact, we've been supplying first aid and health and safety products to businesses for over 140 years. Our products offer the very best value for money while performing to the very highest standards.

Welcome to a whole world of first aid and health and safety products at your fingertips, this catalogue contains a selection of our extensive range, visit our online shop to find our full range of over 2,000 products. We offer everything from defibrillators and first aid kits to health and safety equipment and evacuation chairs. What's more we offer a wide range of own label products, used by our own first aid and medical services, which have been formulated for superb quality and great value.

To find out more about St John Ambulance visit [sja.org.uk](http://sja.org.uk)

Visit our online shop [sja.org.uk/shopsupplies](http://sja.org.uk/shopsupplies)

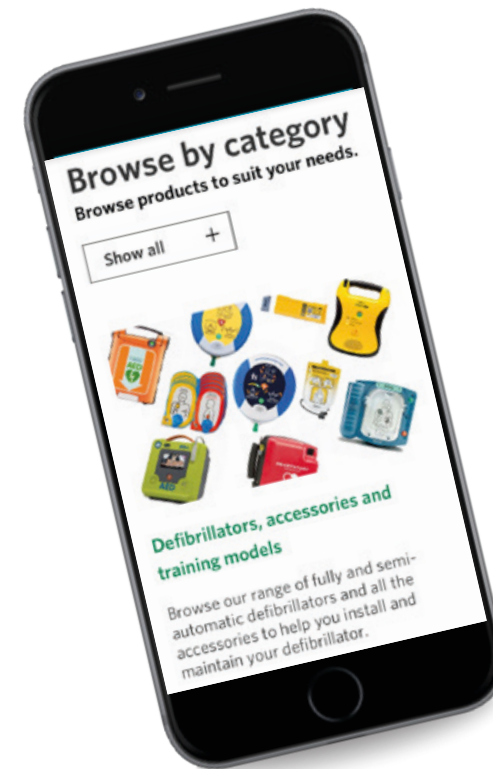
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More products  
More choice



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# 1 Defibrillators

## Contents

We have a comprehensive range of defibrillators suitable for use by a lay person with minimal training through to professional emergency responders. Defibrillators are easy to use with clear step-by-step concise instructions – everyone can save a life if they have the right equipment. Defibrillation with good quality CPR is the only effective treatment for Sudden Cardiac Arrest.

If you are not sure which defibrillator will suit your needs – check the comparison chart on pages 6-7 which should help make your decision easier.

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Visit our new  
online shop  
[sja.org.uk/shopsupplies](http://sja.org.uk/shopsupplies)



## Defibrillators can save lives

With effective CPR, defibrillation could be the difference between life and death. All the automated external defibrillators in our product range are extremely easy to use.

- ▶ Automatically diagnoses cardiac arrhythmias and either automatically delivers a shock or prompts the user to press the shock button
- ▶ Clear instructions with voice prompts
- ▶ Only delivers a shock when necessary; meaning there's no risk of shocking someone who doesn't need it
- ▶ Performs automatic self-tests to check the readiness of the device
- ▶ Pre-connected pads and battery to save vital time during a rescue.

## More defibrillators More choice



### Your AED shelf life

Your AED battery and pads have shelf lives. It's important to know when to replenish these so you never have a possibility of them not working when you need them most.



### Recycling your old batteries

Sealed portable batteries must be disposed of in accordance with the 'Waste Batteries and Accumulators Regulations 2009'. St John Ambulance operate recycling collection points in various buildings throughout the country.

For further information regarding the location of recycling locations visit [sja.org.uk/batteries](http://sja.org.uk/batteries)



**ZOLL AED 3®**

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**HeartStart® HS1**













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**LIFEPAK® CR2**

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Image	Code	Page Number	Semi-Automatic: Requires a button to be pushed in order for shock to be administered.	Fully Automatic: Automatically administers shock if shock required.	Ideal in these Locations/ Environments	Screen	Battery	Battery Standby Life: After insertion into the device.	Pads/Electrodes	Pad Shelf Life	Energy Selection - Adult	Infant/Child Capability	Energy Selection - Child	Defibrillator Warranty (Years)	IP Rating (Ingress Protection)*	Drop Abuse Test: Distance the device could be dropped onto concrete and still function.	Contents
	<b>H40017</b>	8	✓	✗	• Public Areas • Airports • Shopping Centres • Retail Outlets • Industrial Sites • Hotels • Local Authorities • Community Centres • Marine and Offshore • Schools	✓	10 CR123A Lithium Batteries	Five year	CPR-D-padz® - includes first responder kit	Five year	120 - 200 Joules	Yes using infant/child pedi-padz® II. Pads sold separately	50 - 85 Joules	7	IP55	1.5 metre	• Defibrillator • Free Soft Carry Case • 10 x CR123a Lithium Batteries • CPR-D-Padz® Including First Responder Kit • Operators Guide • AED Plus Demonstration Videos Available Online
	<b>H40038</b>	8	✗	✓	• Offices • Leisure Facilities • Trains/Train Stations • Ferries • Ambulances • Fire Stations and Vehicles • Places of Worship • Doctor/Dentist Surgeries and Health Institutions	✓	Lithium Manganese Dioxide Battery	Five year	Universal CPR Uni-padz™ - includes first responder kit	Five year	120 - 200 Joules	Universal adult/child CPR Uni-padz™	50 - 85 Joules	8	IP55	1 metre	• Defibrillator • Battery Pack • CPR Uni-Padz Including First Responder Kit • Documentation Pack
	<b>H41001</b>	8	✓	✗	• Office Buildings • Industrial Sites • Aviation/Airlines • Trains/Train Stations • Ferries	✗	Lithium	Four year standby life or 200 shocks	SMART pads	Two year	150 Joules	Yes using infant/child SMART pads. Pads sold separately	50 Joules	8	IP21	1 metre	• Defibrillator • Free Soft Carry Case • Lithium Battery • Adult SMART Pads Cartridge • Owners Manual • Quick Reference Guide
	<b>H41000</b>		✗	✓	• Harsh Environments - Sea Vessels • Industrial Areas • Ambulances • Mountain Rescue • Fire Stations and Vehicles	✗	Lithium Manganese Dioxide Battery	Four year standby life or 200 shocks	SMART pads II	Two year	150 Joules	Yes using adult SMART pads II with infant/child key. Pads sold separately	50 Joules	8	IP55	1 metre	• Defibrillator • Lithium Battery • Adult SMART Pads II • Owners Manual • Quick Reference Guide • Free Soft Carry Case
	<b>H70001</b>	10	✓	✗	• Office Buildings • Industrial Sites • Aviation/Airlines • Trains/Train Stations • Ferries	✗	Lithium	Four year standby life or 200 shocks	SMART pads	Two year	150 Joules	Yes using infant/child SMART pads. Pads sold separately	50 Joules	8	IP21	1 metre	• Defibrillator • Free Soft Carry Case • Lithium Battery • Adult SMART Pads Cartridge • Owners Manual • Quick Reference Guide
	<b>H81000</b>		✓	✗	• Harsh Environments - Sea Vessels • Industrial Areas • Ambulances • Mountain Rescue • Fire Stations and Vehicles	✗	Lithium Manganese Dioxide Battery	Four year standby life or 200 shocks	SMART pads II	Two year	150 Joules	Yes using adult SMART pads II with infant/child key. Pads sold separately	50 Joules	8	IP55	1 metre	• Defibrillator • Lithium Battery • Adult SMART Pads II • Owners Manual • Quick Reference Guide • Free Soft Carry Case
	<b>H37000</b>	12	✓	✗	• Public Access • Office/Workplace • Schools • Shopping Centres/Retail • Airports • Schools • Sports Venues • Train Station/On Trains • Police Service	✗	Lithium	Four year	QUIK-STEP™ dual adult/child electrode pads	Four year	200 - 360 Joules	QUIK-STEP™ dual adult/child electrode pads.	50 - 90 Joules	8	IP55	1 metre	• Defibrillator • Battery • Set of Electrodes Pads • User Guide • Quick Step Getting Started Guide
	<b>H37004</b>		✗	✓	• Fire Service • Hotels • Hospitality • Dental/Doctor & Health Institutions • Harsh/Loud Environments • Industrial Areas • Places of Worship	✗	Lithium	Four year integrated battery and electrodes	HeartSine® Samaritan® Pad-Pak™	Four year integrated battery and electrodes	150 - 200 Joules	HeartSine® Samaritan® Paediatric-Pak™. Pads sold separately	50 Joules	8	IP56	1 metre	• Defibrillator • Battery • Set of Electrodes Pads • User Guide • Quick Step Getting Started Guide
	<b>H10031</b>	13	✓	✗	• Maritime Industry • Cruise Liners/Marine Vessels/ • Ferries • Aviation Industry • Airports • On Airplanes • Harsh/Loud Environments • Schools • Public Access • Workplace	✗	Lithium	Four year integrated battery and electrodes	HeartSine® Samaritan® Pad-Pak™	Four year integrated battery and electrodes	150 - 200 Joules	HeartSine® Samaritan® Paediatric-Pak™. Pads sold separately	50 Joules	8	IP56	1 metre	• Defibrillator • Pad-Pak™ Integrated Battery and Electrodes • Carrying Case
	<b>H10029</b>		✗	✓	• Sport Venues • Train Station/On Trains • Police Service • Fire Service • Hotels • Hospitality • Dental/Doctor & Health Institutions • Places of Worship • Industrial Areas	✗	Lithium	Four year integrated battery and electrodes	HeartSine® Samaritan® Pad-Pak™	Four year integrated battery and electrodes	150 - 200 Joules	HeartSine® Samaritan® Paediatric-Pak™. Pads sold separately	50 Joules	8	IP56	1 metre	• Defibrillator • Pad-Pak™ Integrated Battery and Electrodes • Carrying Case
	<b>H10034</b>		✓	✗	• Fire Stations and Vehicles • Medical Transport • Police Vehicles • Doctor/Dentist Surgeries • Hospitals • Public Areas	✗	Lithium	Four year replacement guarantee	Adult non-side specific pads	20 - 24 month	95 - 354 Joules	Yes using infant/child pads. Pads sold separately	22 - 82 Joules	8	IP55	1 metre	• Defibrillator • Intellisense Battery • Set of Defibrillation Pads • AED Manager Software • AED Manual • Getting Started Card and Steps To A Rescue
	<b>H00080</b>	14	✓	✗	• Fire Stations and Vehicles • Medical Transport • Police Vehicles • Doctor/Dentist Surgeries • Hospitals • Public Areas	✓	Lithium	Four year replacement guarantee	Adult non-side specific pads	20 - 24 month	95 - 354 Joules	Yes using infant/child pads. Pads sold separately	22 - 82 Joules	8	IP55	1 metre	• Defibrillator • Intellisense Battery • Set of Defibrillation Pads • AED Manager Software • AED Manual • Getting Started Card and Steps To A Rescue
	<b>H00081</b>		✗	✓	• Workplaces • Transportation • Sporting Venues • Schools	✓	Lithium	Four year replacement guarantee	Adult pads with CPR device	20 - 24 month	95 - 354 Joules	Yes using infant/child pads. Pads sold separately	22 - 82 Joules	8	IP55	1 metre	• Defibrillator • Intellisense Battery • Set of Defibrillation Pads • Operator and Service Manual • Quick Reference Guide
	<b>H00067</b>	15	✗	✓	• Workplaces • Transportation • Sporting Venues • Schools	✓	Lithium	Four year replacement guarantee	Adult pads with CPR device	20 - 24 month	95 - 354 Joules	Yes using infant/child pads. Pads sold separately	22 - 82 Joules	8	IP55	1 metre	• Defibrillator • Intellisense Battery • Set of Defibrillation Pads • Operator and Service Manual • Quick Reference Guide
	<b>H00066</b>		✓	✗	• Schools • Emergency Services • Public Areas • Office Buildings • Government	✓	IntelliSense Lithium	Four year	Adult non-side specific pads	24 month	95 - 351 Joules	Yes using infant/child pads. Pads sold separately	50 Joules	7	IP24	1 metre	• Defibrillator • Intellisense Battery • Set of Defibrillation Pads • Operator and Service Manual • Quick Reference Guide
	<b>H00250</b>	15	✓	✗	• Schools • Emergency Services • Public Areas • Office Buildings • Government	✓	IntelliSense Lithium	Four year	Adult non-side specific pads	24 month	95 - 351 Joules	Yes using infant/child pads. Pads sold separately	50 Joules	7	IP24	1 metre	• Defibrillator • Intellisense Battery • Set of Defibrillation Pads • Operator and Service Manual • Quick Reference Guide
	<b>H00251</b>		✗	✓	• Public Areas • Airports • Fire Stations • Shopping Centres • Retail Outlets • Workplaces	✗	Lithium/Manganese Battery Pack	Five year	Adult electrode pads	Minimum two year	150 Joules	Yes using child/infant pads. Pads sold separately	50 Joules	8	IP54	1 metre	• Defibrillator • Battery • Set of Adult Pads • User Manual • Quick-Use Card
	<b>H50011</b>	19	✓	✗	• Public Areas • Airports • Fire Stations • Shopping Centres • Retail Outlets • Workplaces	✗	Lithium/Manganese Battery Pack	Five year	Adult electrode pads	Minimum two year	150 Joules	Yes using child/infant pads. Pads sold separately	50 Joules	8	IP54	1 metre	• Defibrillator • Battery • Set of Adult Pads • User Manual • Quick-Use Card
	<b>H50012</b>		✓	✗	• Industrial Areas • Transportation • Sporting Venues • Schools • Harsh Environments - Sea Vessels	✗	Lithium/Manganese Battery Pack	Seven year	Adult electrode pads	Minimum two year	150 Joules	Yes using child/infant pads. Pads sold separately	50 Joules	8	IP54	1 metre	• Defibrillator • Battery • Set of Adult Pads • User Manual • Quick-Use Card
	<b>H50013</b>		✗	✓	• Loud, Noisy Environments • Public Areas • Workplaces • Transportation • Sporting Venues • Schools	✓	Lithium/Manganese Battery Pack	Four year	Adult electrode pads	Minimum two year	150 Joules	Yes using child/infant pads. Pads sold separately	50 Joules	8	IP55	1.2 metres	• Defibrillator • Battery • Set of Adult Pads • User Manual • Quick-Use Card
	<b>H50015</b>	19	✓	✗	• Loud, Noisy Environments • Public Areas • Workplaces • Transportation • Sporting Venues • Schools	✓	Lithium/Manganese Battery Pack	Four year	Adult electrode pads	Minimum two year	150 Joules	Yes using child/infant pads. Pads sold separately	50 Joules	8	IP55	1.2 metres	• Defibrillator • Battery • Set of Adult Pads • User Manual • Quick-Use Card
	<b>H50014</b>		✗	✓	• Loud, Noisy Environments • Public Areas • Workplaces • Transportation • Sporting Venues • Schools	✓	Lithium/Manganese Battery Pack	Four year	Adult electrode pads	Minimum two year	150 Joules	Yes using child/infant pads. Pads sold separately	50 Joules	8	IP55	1.2 metres	• Defibrillator • Battery • Set of Adult Pads • User Manual • Quick-Use Card
	<b>H00104</b>	18	✓	✗	• Ambulance Services • Workplaces • Schools • Retail • Hotels • Places of Worship • Public Areas	✓	Lithium Manganese Dioxide Battery	Five year	SMART dual adult/child electrode pads	Three year	150 Joules	Pre-connected electrode pads that can be used on both adults and children	50 Joules	7-10	IP55	1.2 metres	• Defibrillator • Battery Pack • Two Sets of Adult/Child Electrode SMART Pads • Two Starter Kits • Carry Case
	<b>H00103</b>		✗	✓	• Leisure Clubs • Doctors/Dentist Surgeries and Health Institutions • Sporting Venues • Fire Stations • Police Vehicles	✓	Lithium Manganese Dioxide Battery	Five year	SMART dual adult/child electrode pads	Three year	150 Joules	Pre-connected electrode pads that can be used on both adults and children	50 Joules	7-10	IP55	1.2 metres	• Defibrillator • Battery Pack • Two Sets of Adult/Child Electrode SMART Pads • Two Starter Kits • Carry Case

All defibrillators shown on this page have the following: Defibrillator and CPR voice prompts, pre-connected pads and automatic self-testing for readiness status.

\* IP21 Protected from touch by fingers and objects greater than 1.2cm, protected from condensation. IP24 Protected from touch by fingers and objects greater than 1.2cm, protected against water spray from any direction. IP54 Protected from limited dust ingress, protected from water spray from any direction. IP55 Protected from limited dust ingress, protected from low pressure water jets from any direction. IP56 Protected from limited dust ingress, protected from high pressure water jets from any direction.



ZOLL

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**BEST SELLER**

**BEST SELLER**

**ZOLL AED 3®**

**H41001** 8501-001201-07 Semi-Automatic  
**A: H41000** 8501-001202-07 Fully Automatic  
 The ZOLL AED 3® automated external defibrillator (AED) provides rescuers with unrivalled support during a cardiac arrest. The ZOLL AED 3® builds on ZOLL's reputation for providing rescuers with unmatched support plus a low total cost of ownership and embodies all the same great qualities of its predecessor, the AED Plus, while offering advanced features to provide unrivalled rescuer support.

- Enhanced Real CPR Help®**
- ▶ High-resolution full-colour graphic images and text accompany all audio prompts for easy understanding of what to do next
  - ▶ Real CPR Help® that can see your chest compressions during CPR to let you know when you're doing high-quality CPR
  - ▶ Constant metronome at a rate of at least 100 compressions per minute to comply with the latest guidelines
  - ▶ RapidShock™ Analysis technology enables the shortest rhythm analysis for more continuous life saving CPR. Minimizing the pre-shock pause and providing more CPR can improve patient outcomes
  - ▶ Universal CPR Uni-padz™, no need to keep an extra set of paediatric pads on hand in case the casualty is a child. If casualty is a child, just push the child button. When Child Rescue is selected, voice prompts are omitted and device provides only the metronome when it detects compressions
  - ▶ Scissors are attached to CPR Uni-padz™ for easy removal of clothing
  - ▶ Dual orientation (upright or flat) for the best visibility in a rescue
  - ▶ On-screen display of elapsed rescue time and number of shocks delivered for critical information that EMS personnel will need to know on arrival.

**Easily manage your suite of devices via the cloud**

- ▶ Monitor and manage all your AEDs with the AED Programme Management System, PlusTrac®
  - ▶ Equipped with Wi-Fi for seamless communication with your wireless network
  - ▶ Comes with one year free subscription to PlusTrac® AED Programme Management System
  - ▶ AED 3 easily links to PlusTrac® to monitor its status. At the conclusion of every automatic self-test (daily or weekly) the AED 3 reports results to PlusTrac®. If self-test fails or if the AED 3 fails to report when scheduled, PlusTrac® lets you know immediately
  - ▶ Easy to own and low continuing cost of ownership
  - ▶ No maintenance inspections needed
  - ▶ Dimensions: 12.7 x 23.6 x 24.7cm
  - ▶ Eight year warranty.
- Contents: Defibrillator, battery pack, CPR Uni-padz™ defibrillation pads (with scissors attached), documentation pack.

**Accessories for ZOLL AED 3®**

**ZOLL AED 3® Carry Case**  
**B: H41009**  
 Protect your device by investing in a carry case. This case has been designed specifically for the ZOLL AED 3®

**ZOLL CPR Uni-Padz™ Universal Electrodes**  
**C: H41019** 8900-000260  
 CPR Uni-padz™ universal (adult/paediatric) one-piece electrode with built-in Real CPR Help® technology that provides real-time feedback on the quality of compressions.  
 The CPR Uni-padz™ electrodes sense and report the motion of rescuers' chest compressions to the ZOLL AED 3®

- ▶ Suitable for both adult and paediatric
- ▶ Easy-to-place one-piece electrode
- ▶ Accelerometer built into pads to measure rate and depth of compressions
- ▶ Adjustable electrode allows for positioning on larger/overweight patients
- ▶ Includes rescue accessory pack containing scissors, non-latex gloves, barrier face shield, medi-swab and towelette
- ▶ Five year shelf life.

**ZOLL CPR Uni-padz™ II Universal Electrodes**  
**H41029** 8900-000270

**ZOLL AED 3® Battery Pack**  
**D: H41002** 8000-000696  
 ▶ Up to five year standby time  
 ▶ Shelf life of five years once installed with device performing weekly self-tests. Can be stored up to two years before installation  
 ▶ End of battery life is indicated by a blank status window.

**10 Year PlusTrac® Licence**

**H42000**  
 Ensure your AED is ready to use and deliver a life saving shock with PlusTrac™ AED Management System. With PlusTrac™ you will be able to keep your device compliant and completely documented, with access to the tracking and reporting dashboard to monitor your device.  
 ▶ Receive alerts and notifications when your consumables are out of date, when your volunteer responders need to be trained and when your device needs inspection  
 ▶ The people in your organisation who need updates on your AED receive reminders and warnings when consumables need to be updated  
 ▶ Customise and tailor your reports to your needs  
 ▶ Please note: one PlusTrac® licence is necessary per device.

**ZOLL AED Plus®**

**E: H40017** 20100000102011070  
 Semi-Automatic  
**F: H40038** 22300700502011050  
 Fully Automatic

**More than a defibrillator. A full-rescue AED.**

- ▶ Suitable for use by lay rescuers with minimal training and also BLS and medical trained professionals
- ▶ Provides real time feedback on the rate and depth of chest compressions using ZOLL's unique Real CPR Help® technology, clinically proven to significantly improve the survival rates from cardiac arrest\*
- ▶ Supports the UK Resuscitation Council's entire Chain of Survival, with easy-to-understand audio prompts and illustrations
- ▶ Once installed, the AED Plus® has a low total cost of ownership. Unless used, there is nothing to replace or buy for five years
- ▶ Easy to place one piece electrodes providing more time to focus on the rescue
- ▶ Intelligent paediatric capability automatically analyses a child's ECG when paediatric electrodes are connected
- ▶ The specially designed lid for the AED Plus® can be placed under the shoulders of the patient to help maintain an open airway
- ▶ Automated self testing every 24 hours to ensure a constant state of readiness
- ▶ Powered by 10 CR123a Lithium batteries with up to five year standby time or in excess of 300 full energy shocks when new
- ▶ Seven year warranty (five year as standard, two year free upon registration of device)
- ▶ Dimensions: 13.3 x 24.1 x 29.2cm.

Contents: Defibrillator, soft carry case, 10 batteries, CPR-D-padz electrodes with first responder kit and operator's guide. AED demonstration videos available online.

**ZOLL AED Plus® Trainer2**

**G: H40010** 8008-0050-05 AED Plus® Trainer2

**Practice an AED Plus® rescue with total instructor control.**

- ▶ Accurate, well controlled, and simple simulation of what it's like to use an AED Plus® in real rescue
- ▶ Identical graphical interface and audio and visual prompts to AED Plus®
- ▶ Choose from four different fixed rescue scenarios or have complete manual control of the entire rescue
- ▶ Wireless remote controller enables the control of multiple AED Plus® Trainer2s
- ▶ Instructors can set up a rescue scenario and download to the trainer in seconds
- ▶ One year warranty
- ▶ A simple pause button lets the instructor stop the rescue altogether, confer with the student and pick up exactly where the rescue left off
- ▶ Dimensions: 13.3 x 24.1 x 29.2cm.

Contents: AED Plus® Trainer2, wireless remote controller, AC adapter, hand held cord, set of training CPR-D-padz, CPR-D-padz trainer electrodes, four D cell batteries, two AAA batteries and operator's guide.

**ZOLL AED Plus® Trainer2 Training Electrodes**

**H40005** 8900-0804-01 CPR-D-padz Training Electrodes  
**H40006** 8900-0803-01 Pack of 5 adhesive gel for CPR-D-padz Training Electrodes

H40005 and H40006 should be purchased together.

**ZOLL AED 3 Trainer**

**H: H41041** 8028-000001-07  
 ▶ Designed to closely mimic the operation of the ZOLL AED 3, offering students a more realistic rescue experience. Provides Real CPR Help® with real-time feedback on student compressions quality

- ▶ LCD display with full-colour rescue images that mirror the ZOLL AED 3
- ▶ On-device pause button that allows the instructor to pause a training scenario
- ▶ Easy USB software update and language configuration
- ▶ 16 hour battery life using four D cell batteries
- ▶ Dimensions: 12.7 x 23.6 x 24.7cm.

Contents: Trainer device, CPR Uni-padz® electrode training harness, electrode gels/liner for the trainer CPR Uni-padz, four D cell batteries, Operator's guide.

**Accessories for AED Plus® and AED Pro®**

**I: H40000** 8900-0800-01 CPR-D-Padz® with First Responder Kit (Five year shelf life)

**H40004** 8900-0801-01 Stat-Padz® II (Two year shelf life)

**J: H40001** 8900-0810-01 Zoll® Infant/Child Padi Padz® II (Two year shelf life)

**K: H40013** Pack of 10 CR123a Lithium Batteries  
 Type CR123a photo flash Lithium Manganese Dioxide batteries for ZOLL AED Plus Defibrillators.

**Surface Wall Mounting Cabinet with Alarm**

**L: H40007** 8000-0855  
 The alarmed wall cabinet holds the AED Plus® in a carry case with an extra set of electrodes.  
 ▶ For indoor use  
 ▶ Dimensions: External 44.5 x 44.5 x 25cm, Internal 44.1 x 44.1 x 21.6cm.

**ZOLL® Wall Mount Bracket**

**M: H40008** 8000-0809-01  
 Used to mount AED Plus® on a wall without the carry case.  
 ▶ Dimensions: 26 x 24.5 x 8.5cm.  
**N: H41003** 8000-001255  
 Used to mount AED 3 on a wall without the carry case.



PHILIPS



**HeartStart® HS1**

**A: H70001** Semi-Automatic

Now everyone can save a life.

► Simple to operate, even a first aider with minimal training can save a life of a co-worker, friend, member of the public or family

► Calming natural voice instructions coach the first aider through the steps of first aid defibrillation and CPR

► Comprehensive automatic self-tests check all the HeartStart® vital functions on a daily, weekly and monthly schedule to ensure it is always ready for emergency life saving

► Affordable and suitable for various sites including office buildings, industrial sites, airports, aeroplanes, trains, train stations, ferries, hotels, fitness centres, sports arenas, general practitioners surgeries, dental practices and other health institutions

► Pre-connected SMART pads

► Eight year warranty

► Minimum of five year shelf life for batteries, with standby life of four years

► Dimensions: 19 x 21 x 7cm.

Contents: Defibrillator, one Lithium battery, one adult SMART pad cartridge, quick set-up guide, owners manual.

**Accessories for HeartStart® HS1**

**B: H71003** M5071A - Adult SMART Pads Cartridge

**C: H71004** M5072A - Infant/Child SMART Pads Cartridge

**D: H71002** M5070A - Lithium Battery

**H71000** M5075A - Semi-Rigid Carry Case

**HeartStart® FRx**

**E: H81000** Semi-Automatic

For those who get there first. An easy to use, rugged and reliable AED.

► Some SCA (Sudden Cardiac Arrest) happen in extreme environments. The FRx is designed to be used in these circumstances; in the rain, onboard aircraft, metal surfaces or in industrial areas

► Withstands 1 metre drops onto a concrete floor

► Incorporates daily, weekly and monthly self-testing including a pads connection and integrity test to make sure everything functions when needed

► Simple 1-2-3 operation supported by voice prompts and descriptive visual icons, guide the rescuer easily through the crucial steps

► CPR coaching which guides the rescuer in real time using calm clear voice instructions tailored to the responders actions

► Pre-connected one size SMART pads II for both adults and children mean ease of use at the critical point thereby saving time

► Optional infant/child key which reduces energy dose and adapts CPR prompts to the youngest patients

► Eight year warranty

► Minimum of five year shelf life for batteries, with standby life of four years or 200 shocks

► Dimensions: 6cm x 18cm x 22cm.

Contents: Defibrillator, one Lithium battery, one pair SMART pads II, user guide and a free soft carry case.

**Accessories for HeartStart® FRx**

**F: H80001** 9898 031 39261 - SMART Pads II Cartridge

**G: H80005** 9898 031 39311 - Infant/Child Key

To allow adjustment mode for HeartStart® FRx infant/child to use the device for patients under 8 years or 25kg.

**H71002** M5070A - Lithium Battery

**Important**

The Trainer 2 is supplied with Laerdal Link training pads (H10308) only when purchased as part of the training system package. Only Laerdal Link training pads can be used with the AED Little Anne™ and AED Resusci® Anne training manikins.



**Laerdal AED Trainer 2**

**H: H00016** 94005033 - AED Trainer 2

Realistic and affordable AED trainer which simulates the HeartStart® FR2 AED.

► Ten pre-programmed scenarios

► Optional remote control

► Create own additional scenarios (with optional programming kit)

► LED display and volume control

► Same appearance and prompts as FR2 AED

► Can be used with any CPR manikin (using standard pads).

Contents: Trainer 2, soft pack, six C-Cell alkaline batteries, standard training pads (H10015), quick reference card and user's card.

**Accessories for Laerdal AED Trainer 2**

**H10015** 07-10900 - Standard Training Pads

**H10308** 94 50 90 - Laerdal Link Training Pads

**H10027** M3871A - Infant/Child Training Pads

**H10307** 94 50 51 - Remote Control

**HeartStart® HS1 Trainer**

**I: H71012** M5085AABU

An affordable, safe and effective tool for AED training.

The HS1 trainer simulates a real life Sudden Cardiac Arrest event. Clear, confident voice instructions provide easy to follow directions.

► Eight easily selectable scenarios provide versatile and realistic training

► Voice instructions match those of the HS1 defibrillator

► Works with internal and external pad adaptors, allowing the instructor to provide some or no guidance to pad placement resulting in a realistic training scenario

► Resembles the HS1 defibrillator for a realistic training experience yet is sufficiently different to avoid confusion in an emergency

► Accepts infant/child training pads for paediatric defibrillation training

► The same training pads can be used with the HeartStart® HS1 AED

► Voice coaching helps train students in adult and infant/child CPR

► Unit maintenance training function included

► The trainer is powered by four AA size batteries (not included).

Contents: HeartStart® HS1 trainer, carry case, adult training pads, external manikin adaptor for use with standard manikins.

**Accessories for HeartStart® HS1 Trainer**

H71005 or H71006 should be used in conjunction with H71007.

**H71005** M5073A - Adult Training Pads Cartridge - complete with 'Flat Man'

**H71011** M5093A - Replacement Adult Training Pads

**H71006** M5074A - Infant/child Training Pads Cartridge - complete with 'Flat Child'

**H71007** M5089A - External Manikin Adaptors

► For use with all manikins

► Five per roll.

**H71008** M5088A - Internal manikin adaptor - For use with Little Anne™ and Resusci Anne™ manikins.

**AED Storage**

**Wall Mount Bracket**

**J: H71013** M3857A - suitable for HeartStart® defibrillators

Dimensions: 21 x 21 x 29cm.

**Carry Cases**

**K: H71001** M5076A - Slim Style - suitable for HeartStart® HS1

**L: H80003** 9898 031 39251 - Compact - suitable for HeartStart® FRx



stryker

stryker



**LIFEPAK® CR2**

- A: H37000** 99512-000368 Semi-Automatic WiFi
- H37004** 99512-000370 Fully Automatic WiFi
- B: H37001** 99512-000376 Semi-Automatic 3G
- H37005** 99512-000378 Fully Automatic 3G
- C: H37009** 99512-001227 Semi-Automatic USB
- H37008** 99512-001229 Fully Automatic USB

**A new approach to public access defibrillation.**

- Suitable for those with little or no life saving experience as well as first aid responders
- WiFi or 3G enables patient data to be sent to hospitals and maintenance messages to the manager of the unit
- The WiFi or 3G enabled defibrillators come with the basic package for LIFELINKcentral AED program manager, reducing the need for manual inspections. The defibrillator sends patient data to hospitals and responders en route via WiFi, alerts you when the AED has been used and sends alerts and reminders of the location, battery status, electrode expiry and other readiness information of the device
- IP rating IP55
- Changes volume according to noise levels when in use
- Easily changes to child mode at the press of a button
- Dimensions: 9.7 x 22.6 x 27.4cm including handle
- 3G and WiFi models available
- Weight: 2kg
- Warranty: Eight years.

Contents: Defibrillator, Lithium battery, electrode pads, user guide, Quick Step getting started guide.

Please note, a data plan is required for H37005 and H37001. H37008 and H37009 do not come with connectivity or a basic package for LIFELINKcentral AED Program Manager.

**H37202** LIFELINK Advantage 1 Year Package

**H37203** LIFELINK Advantage 2 Year Package

**H37204** LIFELINK Advantage 4 Year Package

The LIFELINK Advantage offers all the same features as the basic package, email notifications of device readiness and use, as well as the following:

- Ability to manually enter non-connected defibrillator information, including battery and pad information for email notifications
- Post-event report download
- Post-event device readiness verification.

**Accessories**

**LIFEPAK® CR2 Replacement QUIK-STEP™ Electrode Kit**

**D: H37101** 11101-000021

LIFEPAK® CR2 replacement battery kit which includes two pairs of electrodes. Four year shelf life.

**LIFEPAK® CR2 Replacement Battery Kit**

**E: H37100** 11141-000165

This replacement battery kit is for use with the LIFEPAK® CR2 defibrillator. Four year shelf life.

**LIFEPAK® CR2 Trainer Unit**

**F: H37105** 11250-000163

LIFEPAK® CR2 trainer unit provides a realistic look and feel without administering an actual electric shock. The training unit benefits from the same, intuitive operation as the real LIFEPAK® CR2.



**AED training**

If you are interested in furthering your emergency first aid skills then this course would suit you. No previous first aid knowledge is needed to attend an AED course, call **0344 770 4800†**, visit [sja.org.uk/defibrillator](http://sja.org.uk/defibrillator), or see **page 14** for more information.

**HeartSine® Samaritan® PAD 350P**

**G: H10034** 350-STR-UK-10 Semi-Automatic

The HeartSine® samaritan® PAD 350P was designed especially for use in public areas by providing a sophisticated defibrillator for adult or paediatric use, inside a lightweight and easy-to-operate system. Its advanced technology is balanced against the demands of real world use.

- Uses HeartSine's practical Pad-Pak™, which incorporates the battery and electrodes in a single-use cartridge - meaning only one expiration date to monitor and only one item to replace after use
- Flashing status indicator and audible alerts
- CPR coaching with metronome
- Eight year warranty
- Suitable for use on adults and children. For children younger than eight years or weighing less than 25 kg (55lbs), a Paediatric Pad-Pak™ is available
- Dimensions: 20 x 18.4 x 4.8cm.

Contents: Defibrillator, Adult Pad-Pak™, carrying case.

**HeartSine® Samaritan® PAD 360P**

**H: H10029** 360-STR-UK-10 Fully Automatic

The HeartSine® samaritan® PAD 360P is a Fully automatic defibrillator designed to analyse heart rhythm and automatically deliver an electrical shock (if needed).

- Uses HeartSine's practical Pad-Pak™, which incorporates the battery and electrodes in a quick to replace single-use cartridge - meaning only one expiration date to monitor and only one item to replace after use
- Flashing status indicator and audible alerts
- CPR coaching with metronome
- Eight year warranty
- Suitable for use on adults and children. For children younger than eight years or weighing less than 25 kg (55lbs), a Paediatric Pad-Pak™ is available
- Dimensions: 20 x 18.4 x 4.8cm.

Contents: Defibrillator, Adult Pad-Pak™, carrying case.

**HeartSine® Samaritan® PAD 500P**

**I: H10031** 500-STR-UK-10 Semi-Automatic

The HeartSine® samaritan® PAD 500P provides all the advantages of the 350P/360P with the addition of a CPR Advisor.

- Integrated CPR Advisor assesses the effectiveness of the CPR and give the rescuer feedback on compressions: "Push Harder," "Push Faster," "Push Slower" or reassurance that they are performing 'Good Compressions'
- Uses HeartSine's practical Pad-Pak™, which incorporates the battery and electrodes
- Flashing status indicator and audible alerts
- Eight year warranty
- Suitable for use on adults and children. For children younger than eight years or weighing less than 25 kg (55lbs), a Paediatric Pad-Pak™ is available
- Dimensions: 20 x 18.4 x 4.8cm.

Contents: Defibrillator, Adult Pad-Pak™, carrying case.

**HeartSine Gateway™**

**J: H10042** ACC-GTW-UK-01

- The HeartSine Gateway™ enables AED (Automated External Defibrillator) program managers to readily manage multiple HeartSine® AEDs providing remote readiness information about each AED
- When integrated into a HeartSine samaritan® PAD 350P, 360P or 500P, HeartSine Gateway communicates, via a Wi-Fi® connection to LIFELINKcentral™ AED Program Manager or LIFENET® System, the results of the weekly AED self-test
- The HeartSine Gateway™ independently monitors the readiness of the HeartSine defibrillator it's connected to, sending email alerts when it reaches low battery power, the Pad-Pak™ is due to expire, when CPR/AED training certificates need renewal or it is out of operational temperature range
- Backward compatible with HeartSine samaritan® PAD defibrillators manufactured during or after 2013

**Comes with basic LIFELINKcentral™ package. Not compatible with advantage package**

- Easy to set up with the HeartSine Gateway configuration tool
- Dimensions: 17 x 7 x 5cm (with batteries installed)
- Weight: 185g
- Warranty: Two year.

**HeartSine® Samaritan® Adult Pad-Pak™**

**K: H10013** PAD-PAK-03

Four year shelf life.

**HeartSine® Samaritan Paediatric Pad-Pak™**

**H10037** PAD-PAK-04

Four year shelf life.

**Our Price Promise**

We're confident that our prices are the best in the business, which is why we offer our price promise guarantee on all products. If you find an identical product for less elsewhere, we will match the price.\*

\*See our website for more details. Terms and conditions apply.

**Your AED shelf life**

Your AED battery and pads have shelf lives. It's important to know when to replenish these so you never have a possibility of them not working when you need them most.





**Powerheart® G5 AED**

- A: H00066** G5S-02C Semi-Automatic and ICPR device
- H00067** G5A-02C Fully Automatic and ICPR device
- H00080** G5S-02A Semi-Automatic
- H00081** G5A-02A Fully Automatic

The Powerheart® G5 is the complete AED solution giving you the confidence to act in the event of a Sudden Cardiac Arrest.

First-time users can successfully perform each critical step of a rescue with the Powerheart® G5's real-time CPR feedback, user-paced instruction, intuitive pad design and automatic shock delivery.

- Ready to use
- Rigorous daily, weekly and monthly self tests
- Self tests battery, pads, internal circuitry and software for functionality
- If self-test identifies any issues there will be a visual and audible alert
- Proper compression rate and depth guidance
- Easy-to-follow voice and text prompts
- Shock delivery within 10 seconds (typically) post CPR. Escalating variable energy
- Fast shock times give a patient the best chance of survival
- Rugged design
- High protection rating (IP55)
- Tested to military standards
- Non-polarised pads
- Interchangeable pads for rapid placement when critical seconds count
- Clear graphical directions and easy-pull tab
- Battery: two year shelf life - four year operational guarantee
- Customises energy level depending on analysis of each patient
- If more than one shock is necessary increases shock energy to a higher level

- Liability cover for the battery
- Eight year warranty for the defibrillator
- Rescue data such as shocks given and ECG information can be downloaded via PC or USB and reviewed easily
- Dimensions: 9 x 23 x 30cm.

Contents: Defibrillator, battery, pair of defibrillation pads (adult), CPR device pad (only with CPR device version), defibrillator manager software, defibrillator manual, getting started card and steps to rescue guide.

**Powerheart® G5 AED Trainer Kit ICPRD**

**B: H00032** 190-5020-002

This training device simulates different heart arrhythmias and gives students the opportunity to apply defibrillation pads, practice AED use and perform CPR compressions on a manikin. The clear, instructive voice and metronome guide the user through the rescue scenario. Reusable training defibrillation pads enable instructors to provide training for both adult and paediatric rescues. It is ideal for teaching basic rescue skills and correct defibrillation procedure to first responders who use Cardiac Science™ AEDs.

With the Powerheart® G5 AED trainer the instructor can:

- Select from three scenarios
- Simulate shockable and non-shockable rescues
- Train users to perform CPR compressions using the metronome
- Use a wireless remote control to vary the rescue conditions while students respond
- Pause the training device in mid-scenario to emphasise an important point, and then continue at the same point in the simulation
- Dimensions: 9 x 30 x 23cm
- Powered by three C cell batteries (device) and two AAA batteries (remote control) (not included).

Contents: Powerheart® G5 training device, one set of adult training pads, infra-red remote control, language pack, user guide CD.

**Accessories for Powerheart® G5 AED Trainer Kit ICPRD**

**Paediatric Training Pads**

**H00075** XTRPAD006A

**Adult Training Pads with ICPR Device**

**H00076** XTRPAD005A

**Adult Training Pads**

**H00077** XTRPAD004A

**Trainer Remote Control**

**C: H00086** 190-2080-001

**Trainer Set Up Language CD**

**H00087** XTRLANG02A

For more Powerheart® G5 accessories please see page 16 or visit [sja.org.uk/shopsupplies](http://sja.org.uk/shopsupplies)

**Defibrillator training**

For each minute that passes without defibrillation after the heart stops, the casualty's chance of survival falls by about 10%\*. While defibrillator units are very simple to operate, and no previous first aid training is required, this three-hour course gives people the confidence to act quickly and effectively in an emergency. Crucially, this course will teach your defibrillator operators how to perform effective CPR.

For more information visit [sja.org.uk/defibrillator](http://sja.org.uk/defibrillator) or speak to one of our customer service advisers on **0344 770 4800**†.

\*British Heart Foundation (2012)

**Powerheart® G3 Elite AED**

**H00250** 9790E-1002 Semi-Automatic

**D: H00251** 9790A-1002 Fully Automatic

The Powerheart® G3 Elite helps make responding to a Sudden Cardiac Arrest emergency easy and intuitive for rescuers at all skill levels.

- RescueCoach™ - guides users through entire rescue with step-by-step voice and text prompts
- Backlit text display - text instructions and critical rescue information can be seen easily by the rescuer
- Non-polarised pads - preconnected pads can be placed on either side of the patient's chest for quick placement
- RHYTHMx® technology - analyses patient's heart rhythm in seconds
- STAR® biphasic technology - delivers a customised shock at an appropriate energy level for each patient
- Escalating energy - If a subsequent shock is needed, the unit will supply variable escalating energy to deliver a higher dose of therapy to the patient
- Rescue Ready® - The unit self-tests daily the device, pads and battery are not only connected, but fully functional so you know your device is rescue ready in case of emergency. If the unit detects a self-test error, the indicator turns from green to red and alert tones to indicate attention is required.
- IP rating 24
- Dimensions: 8 x 27 x 31cm
- Seven year warranty.

Contents: Powerheart G3 defibrillator unit, one pair of IntelliSense™ Defibrillation Pads, one IntelliSense® Lithium Battery.

**Powerheart® G3 Elite Adult Defibrillation Pads**

**E: H00023** 9131-001

- Pair of adult defibrillation pads for Powerheart® G3 defibrillators
- Non polarised - can be used in either position on the chest to save time during rescue
- Two year shelf life.

**Powerheart® G3 Elite Infant/Paediatric Defibrillation Pads**

**F: H00041** 9730-002

- Set of paediatric defibrillation pads for Powerheart® G3 defibrillators
- Non polarised - can be used in either position on the chest to save time during rescue
- For use on children up to 8 years
- Two year shelf life.

**Powerheart® G3 Elite IntelliSense Lithium Four Year Battery**

**G: H00028** 9146-702

- Four year non-rechargeable lithium battery for use with the Powerheart® AED G3 Elite defibrillators
- Battery is automatically checked by the device when pre-connected, on a daily, weekly and monthly basis
- Four year full performance guarantee
- Five year shelf life.

**Defibrillator + training package**

Buy your defibrillator with our defibrillator + training package. A defibrillator with comprehensive three-hour course for up to eight delegates on your premises. The course teaches the essential skills that an AED operator needs and gives students the confidence to know what to do in an emergency.

Call **0344 770 4808**†

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**Defibrillator training**

**Automated External Defibrillation (AED)**

[sja.org.uk/aed](http://sja.org.uk/aed)

While defibrillator units are very simple to operate, and no previous first aid training is required, this three-hour course gives people the confidence to act quickly and effectively in an emergency. Crucially, this course will teach your defibrillator operators how to perform effective CPR.

**Course duration:** Three hours  
**Certification:** One year

To find out more about training at our premises or at yours, call **0344 770 4800**† or visit [sja.org.uk/trainingcourses](http://sja.org.uk/trainingcourses)





**Accessories for Powerheart® G5 AED**

**Adult Defibrillation Pads with ICPR Device**

**A: H00069** XELAED002B

The ICPR device comes pre-attached to the adult defibrillation pads to save critical time in a rescue.

**Adult Defibrillation Pads**

**H00068** XELAED001B

These pads can be placed in either position on the chest, reducing confusion and saving critical time during a rescue.

**Paediatric Defibrillation Pads**

**B: H00070** XELAED003A

The non-polarised paediatric pads automatically reduce the energy delivered by the Powerheart® G5 AED to the appropriate paediatric dose. For children up to eight years old or 25 kg.

**Intellisense® Lithium Battery**

**C: H00079** XBTAED001A

Four year full operational guarantee – two year shelf life.

**Storage for Powerheart® G5 AED**

**D: H00051** 180-2022-001

A wall storage metal sleeve suitable to hold all Powerheart® defibrillators.

- Keeps the defibrillator in an easily accessible location
- High visibility for rescuers
- Can hold defibrillator in a soft carry case.

**Carry Sleeve**

**E: H00072** XCAAED002A

This economical carry sleeve with an adjustable shoulder strap provides an efficient option for transporting the Powerheart® G5. A zip pocket allows for a Ready Kit or extra pads.

**Powerheart® G5 AED Premium Carry Case including Rescue Ready® Kit**

**F: H00121** XCAAED007A

This semi-rigid carry case with adjustable shoulder strap provides additional protection for your Powerheart® G5 AED making it easy for a rescuer to transport the AED and other needed items. The case provides a “D-ring” on the side to attach the Universal Ready kit and the back pocket provides extra storage for additional pads. The design ensures that the Rescue Ready® indicator and the pads’ expiration date are always clearly visible. Shoulder strap and Rescue Ready Kit included.

**Surface-Mount AED Wall Cabinet**

**G: H31008** 50-00392-10

A well constructed metal cabinet with see-through door that stores your AED in an easily accessible location. For indoor use only.

- External dimensions: 44.45 x 44.45 x 17.78cm
- Internal dimensions: 36.20 x 36.20 x 17.78cm.

**Cardiac Science™ Storage Surface-Mount AED Wall Cabinet with Alarm and Strobe Light**

**H: H31009** 50-00392-30

This well constructed metal cabinet comes with a strobe light and an alarm that is triggered when the door is opened alerting staff that an emergency is in progress.

The alarm can also be wired into a buildings security system and can be enabled or disabled with the key provided. Indoor use only.

- Stainless steel
- Supplied with two keys
- External dimensions: 44.45 x 44.45 x 17.78cm
- Internal dimensions: 36.20 x 36.20 x 17.78cm.

# Looking for training equipment?

Find everything you need to teach first aid, from lifelike CPR and rescue training manikins and accessories, to casualty simulation make-up and wounds. We have a wide range of manikins available in baby, child and adult size, from Laerdal, Brayden and Simulaid.



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online shop  
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More training equipment  
More choice





A



B



C



D



E



F



G



H



I



J



K



L



M



N

**iPAD SP1 AED**

- A: H00104** 63480 Semi-Automatic
- B: H00103** 63470 Fully Automatic

The iPAD SP1 is intuitive and easy to use, suitable for all end users, from members of the public to experienced first aid responders.

- ▶ Compact and robust
- ▶ Illuminated display and calm voice prompts
- ▶ Clear guidance and large responsive buttons make it very easy to use
- ▶ Dual adult/child switch selection for safe use, helps save precious time
- ▶ Pre-connected SMART dual adult/child electrode pads
- ▶ Pad life indicator always visible on LCD display
- ▶ CPR detection and metronome
- ▶ Ambient noise detector with automatic adjustment to background noise. Adjusts up to 90 decibels in a noisy environment
- ▶ Seven year warranty on unit, extended to 10 years free of charge once registered
- ▶ Four year warranty on battery, up to five year shelf life or up to 200 shocks
- ▶ Dimensions: 26 x 25.6 x 6.95cm.

Contents: Defibrillator, battery pack, two sets of adult/child electrode SMART pads, two starter kits, free carry case.

**iPAD Accessories**

**iPAD AED Carry Case**

- C: H00114** 63034

Free when purchased with the iPAD SP1 AED.

**iPAD Dual Use Adult/Child Electrode Pads**

- D: H00113** 63124

These pads can only be used on the iPAD SP1 unit.

- ▶ Capabilities of iPAD SP1 enable the electrodes to be used on both adults and children
- ▶ Detailed instructions on the packet to complement the directions given from the voice prompted AED
- ▶ Three year shelf life.

**iPAD Battery**

- E: H00115** 63032

For use with the iPAD SP1 fully and semi-automatic units

- ▶ Lifespan up to five year
- ▶ Four year warranty
- ▶ Lithium Manganese Oxide.

**iPAD SP1 Training Unit**

- F: H00120** 25905

The iPAD SP1 training unit simulates the functions of the iPAD SP1 such as charging and shock delivery with pre-programmed rescue scenarios in accordance with the recommended rescue protocol of international rescue policy making bodies.

- ▶ Compact, robust and lightweight
- ▶ Clear guidance combined with large responsive buttons for ease of use
- ▶ Standard infrared remote control accessory enables an instructor to operate from a distance
- ▶ Different scenarios can be selected for training purposes
- ▶ A simple switch selection mode for use on adult and/or child (aged 1-8)
- ▶ Volume adjustment control
- ▶ Simulate battery failure scenario
- ▶ The iPAD SP1 training unit is intended for use during Basic Life Support and Advanced Cardiac Life Support training or any other physician approved training that deals with the operation of an AED. It is not intended for use during actual rescue operations as it cannot deliver a defibrillating shock.

**defibtech Lifeline AED**

- G: H50011** DFC-E100 Semi-Automatic Battery Pack - approx five year

- H: H50013** DCF-E120SG-UK Fully Automatic Battery Pack - approx five year

- G: H50012** DFC-E110 Semi-Automatic Battery Pack - approx seven year

- H: H50014** DCF-E130 Fully Automatic Battery Pack - approx seven year

Simple and easy to use, the Lifeline AED is available as a semi-automatic or fully automatic device that is safe and straightforward to use. Anyone can save a life.

- ▶ The eye-catching yellow and black design ensures the device is easily seen even in crowded environments. Quick-thinking bystanders or trained first aiders can locate the AED quickly. All a rescuer needs to do is place pads on the patient, follow the voice instructions, and press the shock button if the AED decides a shock is required
- ▶ A CPR metronome will help rescuers maintain regular compressions during a continuous shock-CPR cycle until the patient's heart restores a normal rhythm or emergency medical services arrive
- ▶ Lightweight 1.9kg with built-in carry handle
- ▶ Daily, weekly, monthly and quarterly self-tests ensure the AED is always ready for use
- ▶ Tested to military standards and boasting an IP54 rating against dust and water ingress, the Lifeline AED is ideal for even the most rugged environments
- ▶ The Lifeline AED comes with a choice of a five year or seven year battery
- ▶ All Lifeline AEDs come with a reassuring eight year warranty and with over 300,000 units placed worldwide you can be sure you are purchasing a reliable and robust life saving product
- ▶ Dimensions: 20 x 30 x 7cm.

Contents: Defibrillator, battery, set of adult pads, user manual, quick use card.

**defibtech Lifeline VIEW AED**

- I: H50015** Semi-Automatic DCF-E2310

- H50028** Fully Automatic DDU-2200

The defibtech Lifeline VIEW AED makes it easy for anyone - from first responders to untrained bystanders - to respond confidently and appropriately in an emergency. It provides clear visual instructions on a full colour screen, making it ideal for placement in an area that is noisy, where English may not be the first language, or for busy public places where an untrained bystander is likely to be the rescuer.

- ▶ LCD screen which gives real-time, step by step video instructions
- ▶ Portable and lightweight - only 1.4Kg
- ▶ Hardwearing - tested to military standards with rubberised edges
- ▶ Free SD data card software updates if UK Resuscitation Council Guidelines change
- ▶ Industry unique full colour video screen - including visual CPR coaching
- ▶ On-screen visual instructions means the device can be used anywhere by anyone, from the hard of hearing to non-English speakers and in noisy environments
- ▶ Standard battery - approx four year standby life
- ▶ IP55 rating
- ▶ Eight year warranty
- ▶ Dimensions: 18.5 x 24 x 5.8cm.

Contents: Defibrillator, battery, set of adult pads, user manual, quick use card.

**Accessories for defibtech Lifeline AED**

**Adult Defibrillation Pads**

- J: H50006** DDP-100

Pads are for adult use only (eight years or older). Pads should be stored connected to the AED, extra pads can be stored in a carry case. Pad package has a two year shelf life.

**Child Defibrillation Pads**

- K: H50017** DDP-200P

These pads should be used on patients less than eight years old. Pads should be stored connected to the AED or in a carry case. Pad package has a two year shelf life.

**Lifeline Battery - Approx Five Year**

- H50021** DCF-E200

Replacement battery pack, standby life (installed in the unit) of five year (including daily, weekly, monthly and quarterly self-tests), 125 defibrillation shocks, or eight hours of continuous operating time.

**Lifeline Battery - Approx Seven Year**

- L: H50018** DCF-E210

Replacement battery pack has a standby life (installed in the unit) of seven year (including daily, weekly, monthly and quarterly self-tests), 300 defibrillation shocks, or 16 hours of continuous operating time.

**Accessories for defibtech Lifeline VIEW AED**

**Adult Defibrillation Pads**

- M: H50032** DDP-2001

For use on adults over 8 years of age. Can be pre-connected to the AED or stored as a spare replacement. Two year shelf life.

**Paediatric Defibrillation Pads**

- N: H50031** DDP-2002

For use on children under 8 years of age. Can be pre-connected to the AED or stored as a spare replacement. Two year shelf life.

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**DefibSafe 2 External Lockable Cabinet**

- A: H71025** 91001
- The DefibSafe 2 is IP66 rated, giving superior protection from dust and water ingress.
- ▶ Tough polyethylene body: corrosion and impact resistant
  - ▶ Polycarbonate door: same material used to make riot shields
  - ▶ In-built clutch to prevent forced entry and damage to lock
  - ▶ Double skin construction gives good thermal insulation: thermostatically controlled heater prevents freezing; air circulation fan prevents condensation, with safety cut-out
  - ▶ Low energy - low voltage: very cost efficient to run
  - ▶ LED lighting: efficient internal illumination, highly visible at night
  - ▶ Unique location code: allows Emergency Services to pin-point its location
  - ▶ Seven year warranty extended to 10 year free of charge once registered online
  - ▶ Dimensions: 44 x 62.5 x 28.5cm.

**St John Ambulance Storage**

**St John Ambulance AED Soft Carry Case**

- B: H10310** 9 x 23 x 26cm
- Suitable for HS1, FRx and FR3 defibrillators.
- H10311** 14 x 28 x 33cm

Suitable for ZOLL AED Plus® and Powerheart® G5.

**St John Ambulance Wall Bracket**

- C: H50002** 18 x 30 x 17.5cm
- Suitable for most AEDs.



**Your AED shelf life**

Your AED battery and pads have shelf lives. It's important to know when to replenish these so you never have a possibility of them not working when you need them most.

**St John Ambulance AED Responder Kit**

- D: H11111** 19.5 x 13 x 9.5cm
- A kit of essential ancillary products that may be required when using an AED, all contained in a handy pouch.
- | Contents   | Qty |
|--|-----|
| <b>F12634</b> St John Ambulance Powder-Free Gloves - Large | 1   |
| <b>F11931</b> Tuff-Kut Scissors                            | 1   |
| <b>F11901</b> Disposable Single Blade Razor                | 1   |
| <b>F11509</b> Sterile Moist Cleansing Wipes (Pack of 10)   | 3   |
| <b>F78008</b> Tissues (Pack of 10)                         | 1   |
| <b>F79173</b> St John Ambulance Reusable Res-Cue Face Mask | 1   |
| <b>F06154</b> Disposable Heat Retaining Adult Blanket      | 1   |



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# Looking for specialist equipment?

Our range is used by our own first aid and medical services, because of its high quality. Get diagnostic equipment such as stethoscopes and thermometers, blood pressure monitors and oximeters, resuscitation and airway maintenance equipment, injection equipment and medical gases equipment as well as oxygen masks and tubing in this range.



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**More specialist equipment  
 More choice**



# 2 First aid kits

## Contents

BS 8599-1 is the British Standard for first aid kits in the workplace. Current health and safety guidelines advise employers to use risk assessment to help decide on the first aid provision required.

This risk assessment can be matched to one of the BS 8599-1 standard kits, simplifying and assisting product selection. Our range of workplace first aid kits all conform to the standard BS 8599-1:2019.

There are three sizes of workplace kits, small, medium and large plus travel and motoring kits. All packaged in durable boxes or versatile bag options.

Also in this range of kits is the Critical Injury Pack to treat severe bleeding injuries and the Personal Issue Kit for the lone worker, please see page 26 for more details.

Workplace kits	<b>24-25</b>
Single person workplace kits	<b>26</b>
Motoring kits	<b>27</b>
Universal and children's first aid kits	<b>28</b>
Responder and sports kits	<b>29</b>
Burn kits	<b>30</b>

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online shop**  
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### More first aid kits More choice

#### **i** HSE regulation

The Health and Safety Executive (HSE) introduced key changes to workplace first aid training in 2017. Our core regulatory courses First aid at work and Emergency first aid at work includes basic training in using a life saving defibrillator to comply with this regulation.

### What kits would you need

St John Ambulance workplace kits are compliant with BS 8599-1. They represent the minimum recommended cover for your workplace; you may have specific needs to fulfil your workplace's risk assessment.

Step 1:	Step 2:	Step 3:	Step 4:	Step 5:	Step 6:
Degree of hazard	How many significant areas does your workplace have?	How many employees per significant area?	Recommended minimum first aid requirements*	Previous injury and illness records	Specific risk factors
<b>Low hazard</b> (eg. offices, shops, libraries)	A <b>significant area</b> is an individual floor or building, but we strongly recommend that a kit and a first aider can reach a casualty within 60 seconds of an initial call for assistance.	<25	At least one <b>Small kit</b>	The workplace kits represent the <b>MINIMUM</b> recommended cover for your workplace; do you have specific needs to fit your organisations risk assessment?	<ul style="list-style-type: none"> <li>▶ Disabled employees</li> <li>▶ Existing health issues</li> <li>▶ High instances of specific injuries</li> <li>▶ Lone or remote workers</li> <li>▶ Members of the public on site*</li> <li>▶ Multiple floors or buildings</li> <li>▶ Multiple shifts</li> <li>▶ Number of first aiders available</li> <li>▶ Professional drivers</li> <li>▶ Proximity of your premises to high hazard areas e.g. office building next to gas storage units – their risk then becomes your risk</li> <li>▶ Proximity of emergency medical services</li> <li>▶ Public access</li> <li>▶ Variable degrees of risk on the same site</li> <li>▶ Working with children or infants.</li> </ul>
<b>Higher hazard</b> (eg. light engineering and assembly work, food processing, warehousing, extensive work with dangerous machinery or sharp instruments, construction, work involving harmful chemicals)		>25-100	At least one <b>Medium kit</b>		
		>100	At least one <b>Large kit</b> per 100 employees		
<b>Higher hazard</b> (eg. light engineering and assembly work, food processing, warehousing, extensive work with dangerous machinery or sharp instruments, construction, work involving harmful chemicals)	eg. if you have an office and a warehouse on the same site, this will be a minimum of 2 significant areas: 1) The office = low hazard 2) The warehouse = high hazard Each area needs to be assessed on its own merits.	<5	At least one <b>Small kit</b>	If you have a large significant area, would two kits work better than a single larger one, especially in a high risk environment?	
		5-25	At least one <b>Medium kit</b>		
		>25	At least one <b>Large kit</b> per 25 employees		

\* Footfall of members of the public falls under the HSE's recommendation to offer a duty of care to people at your premises. An assessment of those likely to be on site is necessary to ensure you are best able to cope in the case of an accident.



**BEST  
SELLERS**



**Standard  
workplace kits**

See page 25



**Motor vehicle  
first aid kits**

See page 27





A, B and C supplied with Alpha Wall Bracket F30009. E, F and G supplied with Alpha Wall Bracket F30006.

**The contents of our workplace kits**

Code	Product	Small	Medium	Large	Travel and Motoring	Workplace Refill
F06154	Disposable Heat Retaining Blanket 2.15 x 1.5m	1	2	3	1	1
F11206	Blue Detectable Waterproof Tape 2.5cm x 5m (Catering Kits only)	1	2	3	-	-
F11207	Microporous Tape 2.5cm x 10m (not included in Catering Kits)	1	2	3	-	1
F11509	Sterile Moist Cleaning Wipes (Pack of 10)	2	3	4	1	2
F11604	Triangular Bandage Non-Sterile 90 x 90 x 130cm	2	3	4	1	2
F11807	Low-Adherent Dressing 7.5 x 7.5cm	-	-	-	1	-
F11931-GRE	Tuff-Kut Scissors - Green	1	1	1	1	1
F12634-L	Nitrile Powder-Free Disposable Gloves (Pair)	6	9	12	2	6
F20020	Wall Bracket - Green (Standard Workplace Kits only)	1	1	1	-	-
F30009	Wall Bracket - Green (Alpha Kits only - not included in Alpha Catering Kits)	1	1	1	-	-
F30006	Wall Bracket - Blue (Alpha Catering Kits only)	1	1	1	-	-
F79066	Revive-Aid	1	1	2	1	1
F80001	Burnshield® Dressing 10 x 10cm	1	2	2	2	1
F90020	Traumafix Dressing 10 x 18cm	-	-	-	1	-
F90105	No. 16 Eye Pad Dressing	2	3	4	-	2
F90106	HSE Medium Dressing 12 x 12cm	2	4	6	1	2
F90107	HSE Large Dressing 18 x 18cm	2	3	4	-	2
F90111	Sterile Finger Dressing 3.5 x 3.5cm	2	3	4	-	2
F90121	Conforming Bandage 7.5cm x 4.5m	1	2	2	-	1
F94022	Washproof Plasters Assorted (Pack of 10 - not included in Catering Kits)	4	6	10	1	4
F94025	Washproof Detectable Plasters Assorted (Pack of 10 - Catering Kits only)	4	6	10	-	-
P95152K	First Aid In An Emergency Booklet - 2016	1	1	1	1	1

**Alpha Workplace Kits**

**Alpha Small Workplace Kit**

**A: F30651** 33 x 21 x 8cm

**Alpha Medium Workplace Kit**

**B: F30652** 39 x 22 x 11cm

**Alpha Large Workplace Kit**

**C: F30653** 39 x 22 x 11cm

**Alpha Travel and Motoring Workplace Kit**

**D: F30670** 31 x 19 x 8cm

**Alpha Catering Workplace Kits**

**Alpha Small Catering Workplace Kit**

**E: F30654** 33 x 21 x 8cm

**Alpha Medium Catering Workplace Kit**

**F: F30655** 33 x 21 x 8cm

**Alpha Large Catering Workplace Kit**

**G: F30656** 39 x 22 x 11cm

**Alpha Kit Wall Brackets**

**H: F30006** Blue

**F30009** Green

Fixing screws not included.

**BEST SELLER**



I, L and O supplied with Wall Bracket F20020.

**Standard Workplace Kits**

**Standard Small Workplace Kit**

**I: F30657** 27 x 18 x 9.5cm

**Standard Medium Workplace Kit**

**L: F30658** 28 x 24 x 9.5cm

**Standard Large Workplace Kit**

**O: F30659** 33 x 27 x 10cm

**Standard Travel and Motoring Workplace Kit**

**P: F30663** 27 x 18 x 9.5cm

**Zenith Workplace Kits**

**Zenith Small Workplace Kit**

**J: F30660** 23.5 x 15 x 9.5cm

**Zenith Medium Workplace Kit**

**K: F30661** 23.5 x 15 x 9.5cm

**Zenith Large Workplace Kit**

**M: F30662** 25 x 18.5 x 11.5cm

**Zenith Travel and Motoring Workplace Kit**

**N: F30664** 19.5 x 13 x 9.5cm

**Workplace Refill Kit**

**Q: F30665** Small


An ideal way to restock your workplace first aid kit while ensuring that you conform with the British Standard (BS-8599-1:2019).

**Workplace Kit Wall Brackets**

**R: F20020** Green

**R: F20021** Black

Fits all standard first aid boxes and can also be used with Zenith bags/pouches. Fixing and screws not supplied.



**Use our FREE online requirements calculator**

Use our online calculator, which has been designed with the latest guidelines in mind, to help you identify your first aid needs and determine the right level of first aid cover for your workplace. Visit [sja.org.uk/coursecalculator](http://sja.org.uk/coursecalculator)

Our trained customer service advisers are always happy to help you to identify your first aid training and supplies needs. You can speak with an adviser on **0344 770 4800†**.

**All kits on these pages conform with BS 8599-1:2019**

St John Ambulance workplace kits conform with the requirements of BS 8599-1:2019. They represent the minimum recommended cover for your workplace; you may have specific needs to fulfil your workplaces risk assessment.





F30668 interior



F30669 interior

**Critical Injury Pack**

**A: F30668** 23.5 x 15 x 9.5cm

The Critical Injury Pack contains advanced first aid products, designed to treat bleeding injuries that are life threatening. The pack may be provided where the risk of severe bleeding injuries has been identified to supplement first aid kits conforming to the British Standard (BS 8599-1:2019). Suitable to treat injuries to employees or the public resulting from acts of terrorism or other mass casualty incidents as well as workplaces using dangerous machinery or sharp instruments, cutting equipment, power tools, construction, agriculture and forestry.

Employers should take into consideration the maximum number of people on site at any one time, each pack is designed to treat one person.

Employees responsible for the delivery of first aid in the workplace need to be trained on the use of this pack and its contents, specifically the haemostatic dressings and tourniquet.

**Personal Issue Kit**

**B: F30669** 12.5 x 17.5 x 6cm

The Personal Issue Kit is a handy kit worn on the person, containing essential first aid products to enable basic first aid to be provided quickly and easily. This kit is suitable for first aiders and other employees where appropriate to their role, such as security personnel, cleaners and maintenance. This kit may be provided in addition to an appropriate number of workplace first aid kits.

**The contents of each kit**

Code	Product	Critical Injury Pack	Personal Issue Kit
F06154	Disposable Heat Retaining Blanket 2.15 x 1.5m	1	1
F10351	Tourniquet	1	-
F11508	Sterile Moist Cleaning Wipe	-	4
F11604	Triangular Bandage 90 x 90 x 130cm	-	1
F11931	Tuff-Kut Scissors	1	1
F12634	Nitrile Powder-Free Disposable Gloves (Pair)	2	2
F79066	Revive-Aid	-	1
F90019	Traumafix Dressing 15 x 18cm	2	-
F90107	HSE Large Sterile Dressing 18 x 18cm	-	1
F30148	Haemostatic Dressing	2	-
F94022	Washproof Plasters Assorted (Pack of 10)	-	1
P95152K	First Aid In An Emergency Booklet - 2016	1	1

**About first aid kits**

All workplaces are required by law to be equipped with a suitable number of appropriately stocked first aid kits. The British Healthcare Trade Association (BHTA) has determined the appropriate first aid kits and their contents for workplaces. You should ensure your workplace kits conform with British Standard BS8599-1:2019.

To find out which kits are right for your workplace use our online calculator at [sja.org.uk/coursecalculator](http://sja.org.uk/coursecalculator)

**First aid training**

**FREE**  
Annual refresher  
with this course

**First aid at work**

[sja.org.uk/faw](http://sja.org.uk/faw)

This three-day course comprehensively covers the practical skills needed by first aiders in most workplaces. It meets the standards required to help employers comply with Health and Safety (First Aid) Regulations.

**Course duration:** Three days (18 hours)

**Certification:** Three years

**Emergency first aid at work**

[sja.org.uk/efaw](http://sja.org.uk/efaw)

If a risk assessment indicates that first aid training covering emergency protocols only is sufficient for your workplace, this one-day course will help you meet your regulatory requirements.

**Course duration:** One day (six hours)

**Certification:** Three years

**Annual refresher**

[sja.org.uk/refresher](http://sja.org.uk/refresher)

This three-hour course provides first aiders with an opportunity to practise and update their skills at any time while their first aid certificate is valid. It does not extend the period the original certificate is valid for but is strongly recommended by the HSE to combat first aid skills fade.

**Course duration:** Three hours

To find out more about training at our premises or at yours, call **0344 770 4800\*** or visit [sja.org.uk/training](http://sja.org.uk/training)

**Replenishing your first aid kits regularly**

It's important to check the stock level of your first aid kits

Once you have your first aid kit, it is best practice to have the kit replenished or serviced on a regular basis. All kits have a minimum shelf life of one year. However, over time you may have used some items or have damaged or expired items. These all need to be replaced as soon as possible because you never know when you may need them.

An ideal way to restock your workplace first aid kit while ensuring that you are conforming to the requirements of the British Standard (BS 8599-1:2019) is to buy our *Workplace refill kit* - available on **page 25** (F30665) labelled product 'Q'.



F30665 - Workplace refill kit



F30800 interior



F30801 interior



F30802 interior



D



E

**Motoring kits**

Having a first aid kit in a car or vehicle can be a lifesaver. Not only can it prove crucial in the event of a road crash, but also in less serious mishaps such as cuts, scrapes and burns.

The BSI have published a National Standard for first aid provision within motor vehicles (BS 8599-2:2014). This standard aims to improve safety for all UK motorists by equipping vehicles with a first aid kit scaled specifically to the size of the vehicle and number of passengers, while providing the essential first response supplies needed to deal with a road side incident.

This standard aims to make it easier than ever before to ensure your motor vehicle is stocked with appropriate first aid provision, specifying requirements for the compilation of first aid components in three sizes of first aid kits - small, medium and large.

**Small Motor Vehicle Kit**

**A: F30800** 17 x 15 x 4cm

1-3 passengers (mopeds, motorcycles and quad bikes).

**Medium Motor Vehicle Kit**

**B: F30801** 17 x 15 x 7cm

1-8 passengers (cars and taxis).

**Large Motor Vehicle Kit**

**C: F30802** 22 x 19 x 10cm

9-16 passengers (minibuses).

Vehicles with more than 16 passengers and more than one level, such as buses or coaches will require more than one kit.

**Medium Motor Vehicle Refill Kit**

**D: F30807**

Ideal for replenishing your motoring kits for when products have expired or run out.

**Tamperproof Box Seals**

**E: F20022** Pack of 10

Ensure your first aid kit is tamperproof with these easy-to-use box seals. See immediately if the first aid kit has been opened and therefore needs replenishing.

**The contents of each kit**

Code	Product	F30800 Small	F30801 Medium	F30802 Large	F30807 Refill
F06154	Disposable Heat Retaining Blanket 2.15 x 1.5m	-	1	3	1
F11101*	ReliporeXtreme Adherent Dressing Pad 8 x 10cm	-	1	2	1
F11509	Sterile Moist Cleaning Wipes (Pack of 10)	1	1	2	1
F11604	Triangular Bandage Non-Sterile 90 x 90 x 130cm	-	1	2	1
F11931-GRE	Tuff-Kut Scissors - Green	1	1	1	1
F12634-L	Nitrile Powder-Free Disposable Gloves (Pair)	1	2	5	2
F79066	Revive-Aid	1	1	2	1
F80001	Burnshield® Dressing 10 x 10cm	1	2	4	2
F90019	Traumafix 15 x 18cm	-	-	1	-
F90020	Traumafix 10 x 18cm	1	1	2	1
F90106	HSE Medium Dressing 12 x 12cm	-	1	2	1
F94022	Washproof Plasters Assorted (Pack of 10)	1	1	2	1
P95152K	First Aid In An Emergency Booklet - 2016	1	1	1	1

\*Replenishment sold in multiples.

**First aid at work training**

This three-day course comprehensively covers the practical skills needed by first aiders in most workplaces. It meets the standards required to help employers comply with Health and Safety (First Aid) Regulations. Call **0344 770 4800\***, or visit [sja.org.uk/fawcourse](http://sja.org.uk/fawcourse)







**Universal First Aid Kit**

**A: F30557** 19.5 x 13 x 9.5cm  
This compact and handy kit is great for use in the home or travelling. Filled with the essentials you will need; ensuring that you are prepared for any emergency. Please see contents list for this kit on page 29.

**Universal Plus First Aid Kit**

**B: F30559** 23 x 15 x 9.5cm  
This kit comes with some extra items that you won't find in the Universal Kit, such as a KOOLPAK® and hand sanitizer. This kit is ideal for when you are out and about on those day trips or on holiday. Please see contents list for this kit on page 29.

**Universal Refill Kit**

**C: F30563**  
Perfect for refilling your Universal Kit, ensuring your products are always in date. Please see contents list for this kit on page 29.

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**Children's First Aid Kit**

**D: F30710** 19.5 x 21 x 8cm  
This kit is ideal for parents and carers of young children. Whether you're at home or going for a day out, or long journey, this kit is a key part of your summer holiday gear to keep your child safe.

The children's first aid kit contains the essentials to treat a range of injuries including bumps, cuts, grazes, and bleeding. The bag has inner pockets so there's lots of space for other items you may want to add. As well as all of this, the pack includes some bravery stickers designed to encourage little ones to be treated when they need it.



**Paediatric first aid training**

This two-day course focuses in emergency scenarios that face those looking after young children and infants. This course meets the Ofsted Early Years and Childcare Register requirements.

Call **0344 770 4800\***, or visit [sja.org.uk/trainingcourses](http://sja.org.uk/trainingcourses)

**Contents of Children's First Aid Kit**

Code	Product	Children's First Aid Kit
F10388*	Large Sterile Adhesive Dressing Pad 5 x 7.5cm	1
F10389*	Large Sterile Adhesive Dressing Pad 10 x 7.5cm	2
F10808	Non-Woven Sterile Swabs 7.5 x 7.5cm 4 Ply (Pack of 5)	1
F11208	Microporous Tape 1.5cm x 10m	1
F11413	Instant Ice Pack	1
F11508	Sterile Moist Cleaning Wipe	4
F11604	Triangular Bandage Non-Sterile 90 x 90 x 130cm	2
F12418	Rigid Tip Thermometer 60 Second	1
F12634-L	Nitrile Powder Free Gloves (Pair)	2
F12700	Safety Pins (Pack of 6)	1
F17881*	Eye Wash Phial 20ml	2
F78028	Hand Sanitizer 60ml	1
F78124K	Vomit Bag	2
F90071	Children's Bravery Stickers - Sheet of 6	1
F90101	No. 8 Medium Dressing 7.5 x 10cm	2
F90105	No. 16 Eye Pad Dressing	2
F90132	No. 7 Small Dressing 5 x 5cm	2
F94022	Waterproof Plasters Assorted (Pack of 10)	2
P95156	Children's First Aid Booklet	1

\*Replenishments sold in multiples.

**Super First Responder Kit**

**A: F40011** 34 x 27 x 18cm  
The Super First Responder Kit has been designed to ensure that the first aider will be able to use this kit in any type of emergency, so whether you have attended a *First aid at work* course or need to attend an emergency incident this will be the kit for you. All packed into the hard-wearing stylish Zenith shoulder grab bag, that is perfect for moving quickly when time is of the essence.

**Deluxe Sports Kit**

**B: F90135** 34 x 27 x 18cm  
This comprehensive kit is perfect for all sporting emergencies and can be used for any sporting activity, packed in the Zenith shoulder grab bag, which has clear pockets so that all contents are easily viewed and accessible.



**Cannot find what you are looking for?**

For our full range of first aid kits please visit [sja.org.uk/shopsupplies](http://sja.org.uk/shopsupplies)



**Our Price Promise**

We're confident that our prices are the best in the business, which is why we offer our price promise guarantee on all products. If you find an identical product for less elsewhere, we will match the price.\*

\*See our website for more details. Terms and conditions apply.

**The contents of each kit**

Code	Product	Universal	Universal Plus	Universal Plus Refill Kit	Super First Responder	Deluxe Sports
F00031	Crepe Bandage 7.5cm x 4.5m	-	-	-	-	2
F06051	Pen Light Torch Disposable	-	-	-	1	-
F06154	Disposable Heat Retaining Blanket 2.15 x 1.5m	-	-	-	2	2
F10808	Non-Woven Sterile Swabs 7.5 x 7.5cm 4 Ply (Pack of 5)	-	-	-	-	2
F10825	Waterproof Dressing Strip 7.5cm x 1m	-	1	-	-	-
F10915	Wound closure strips 0.3 x 7.5cm (Pack of 5)	-	-	-	-	2
F11100	Zinc Oxide Tape 2.5cm x 5m	-	-	-	-	2
F11207	Microporous Tape 2.5cm x 10m	-	-	-	1	2
F11208	Microporous Tape 1.25cm x 10m	1	1	1	-	-
F11432	KOOLPAK Instant Hot Pack 15 x 23cm	-	-	-	-	2
F11438	KOOLPAK Instant Ice Pack 12 x 29cm	-	1	-	5	4
F11508	Sterile Moist Cleaning Wipe 12 x 29cm	4	-	4	-	-
F11509	Sterile Moist Cleaning Wipes (Pack of 10)	-	1	-	2	2
F11604	Triangular Bandage Non-Sterile 90 x 90 x 130cm	1	1	1	4	4
F11655	Crepe Bandage 5cm x 4.5m	-	-	-	2	2
F11656	Crepe Bandage 10cm x 4.5m	-	-	-	2	-
F11795	Low-Adherent Dressing 10 x 10cm	-	-	-	5	5
F11796	Low-Adherent Dressing 5 x 5cm	-	1	-	5	5
F11807	Low-Adherent Dressing 7.5 x 7.5cm	-	1	-	-	-
F11920	Stainless Steel Scissors Blunt/Blunt 13cm	-	-	-	1	-
F11931-GRE	Tuff-Kut Scissors - Green	-	1	-	1	1
F12001	Green Plastic Tweezers 11.5cm	1	1	1	1	1
F12355	Tempdot Disposable Thermometer - Single Use	-	-	-	5	-

Code	Product	Universal	Universal Plus	Universal Plus Refill Kit	Super First Responder	Deluxe Sports
F12634-L	Nitrile Powder-Free Disposable Gloves (Pair)	-	-	-	5	3
F12634-M	Nitrile Powder-Free Disposable Gloves (Pair)	2	3	2	-	-
F12700	Safety Pins (Pack of 6)	-	-	-	1	2
F14832	KOOLPAK Kool Spray 150ml	-	-	-	-	1
F17880	Eye Wash Bottle 250ml	-	1	-	-	1
F17881*	Eye Wash Phial 20ml	2	-	2	5	4
F17884	Eye Wash Bottle 500ml	-	-	-	1	-
F30052	Primapore 10 x 8cm	-	-	-	4	-
F78008	Tissues (Pack of 10)	-	-	-	-	2
F78028	Hand Sanitizer 60ml	-	1	-	-	-
F78031	Clinical Waste Bag Small	-	-	-	5	4
F79168	Face Shield	1	1	1	2	2
F80009	Burnshield® Burn Blot 3.5g	4	4	4	5	-
F90101	No.8 Medium Dressing 7.5 x 10cm	-	-	-	4	6
F90102	No.9 Large Dressing 10 x 12cm	-	-	-	4	4
F90103	Extra Large Dressing 16.5 x 25.5cm	-	-	-	4	-
F90105	No. 16 Eye Pad Dressing	1	1	1	2	2
F90106	HSE Medium Dressing 12 x 12cm	2	2	2	-	-
F90107	HSE Large Dressing 18 x 18cm	1	1	1	-	-
F90111	Sterile Finger Dressing 3.5 x 3.5cm	-	-	-	-	2
F90642	Blister Plasters (Pack of 4)	-	-	-	-	1
F94022	Waterproof Plasters Assorted (Pack of 10)	2	2	2	2	4
K00008	St John Ambulance Black Pen	-	-	-	-	1
P95152K	First Aid In An Emergency Booklet - 2016	1	1	1	1	1

\*Replenishment sold in multiples.





EMERGENCY BURNCARE



F90099 interior



F90098 interior



Supplied with Alpha Wall Bracket F30005



Suitable for Standard and Essential Burn Kits



**Standard Burn Kit**

**A: F90099** 19.5 x 13 x 9.5cm  
The standard burn kit is a high quality basic kit at a low price. Suitable for most situations, this kit is perfect for the home, travel and small workplaces.

**Essential Burn Kit**

**B: F90098** 23.5 x 15 x 9.5cm  
This co-branded kit is a most comprehensive kit offering great value and is suitable for the majority of work environments and high risk areas.

**Alpha Burn Kit**

**C: F90096** 39 x 22 x 11cm  
This burn kit contains a wide range of Burnshield® dressings and St John Ambulance essentials, to ensure you are always prepared. Suitable for the home and workplace. Supplied in a durable Alpha box, the kit has separate compartments inside to ensure easy access and an easy grab single clip handle for emergencies.

**Wall Bracket**

**D: F20021** Black  
Fits all standard first aid boxes and can also be used with Zenith bags/pouches. Fixing and screws not supplied.

**Alpha Kit Wall Bracket**

**E: F30005** Red  
Fixing screws not included.

**The contents of each kit**

Code	Product	Standard Burn F90099	Essential Burn F90098	Alpha Burn F90096
F06154	Disposable Heat Retaining Blanket 2.15 x 1.5m	-	1	-
F11205	Waterproof Tape 2.5cm x 5m	-	1	-
F11207	Microporous Tape 2.5cm x 10m	-	-	1
F11931-RED	Tuff-Kut Scissors - Red	-	1	1
F12634-L	Nitrile Powder-Free Disposable Gloves (Pair)	1	1	2
F17881*	Eye Wash Phial 20ml	-	-	5
F30005	Wall Bracket - Red	-	-	1
F80001	Burnshield® Dressing 10 x 10cm	2	3	2
F80002	Burnshield® Dressing 20 X 20cm	-	1	1
F80005	Burnshield® Hydrogel Burn Spray 125ml	-	1	-
F80006	Burnshield® Hydrogel Burn Treatment 50ml	1	-	-
F80008	Burnshield® Limb/Neck Dressing 5cm x 1m	-	1	1
F80009	Burnshield® Burn Blott 3.5g	2	6	6
F80215	Burnshield® Digit/Paediatric Dressing 2.5 x 50cm	1	2	2
F90121	Conforming Bandage 7.5cm x 4.5M	1	2	2
P95152K	First Aid In An Emergency Booklet - 2016	-	-	1

\*Replenishment sold in multiples.

**The Burnshield® range**



Our exclusive range is treatment driven ensuring that our full range of dressings cater for the treatment of burns over the whole body. Burnshield's range of Hydrogel dressings provide a non-adherent, sterile dressing for application to burns. The dressings provide physical protection against contamination, minimise trauma and are non-toxic, non-irritant and anti-bacterial.

See more products from the Burnshield® range on page 37.

# Looking for facilities?

Visit our Health and Safety section online to find fire extinguishers for every type of fire, along with fire safety accessories and our range of safety and first aid signs and posters so you can ensure your workplace is properly signposted.



# Visit our new online shop

[sja.org.uk/shopsupplies](http://sja.org.uk/shopsupplies)

**More facilities  
More choice**



# 3 First aid consumables and equipment

## Contents

Our exclusive St John Ambulance branded, top quality own label products provide great value for money and are used by our own first aid and medical services, so you know quality is guaranteed. Look out for these high quality products throughout the catalogue.



**BEST SELLERS**

**Washproof Low Allergy Plasters - Pack of 100**

See page 34

**HSE Medium Dressing**

See page 35

**KOOLPAK® Instant Ice Pack**

See page 41

**Visit our new online shop**  
[sja.org.uk/shopsupplies](http://sja.org.uk/shopsupplies)



**More first aid consumables  
 More choice**

St John Ambulance adhesive dressings	<b>34</b>
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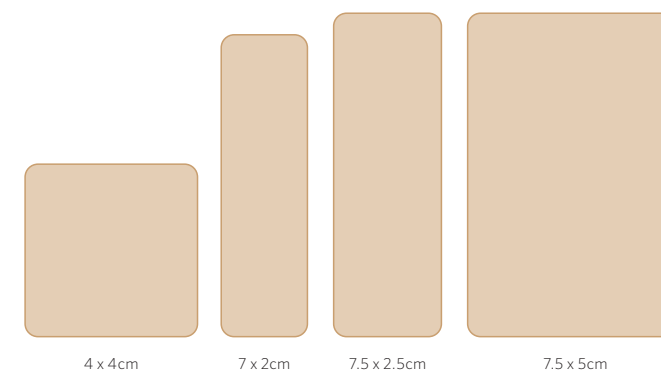
**i HSE regulation**

The Health and Safety Executive (HSE) introduced key changes to workplace first aid training in 2017. Our core regulatory courses First aid at work, First aid at work requalification and Emergency first aid at work includes basic training in using a defibrillator to comply with this regulation.

## Your guide to plasters and gloves

### St John Ambulance plaster size guide

Sizes shown here are a guide only and may vary between different packs.



### Nitrile/vinyl comparison

St John Ambulance nitrile gloves provide a high degree of softness, sensitivity, feel and flexibility. They react to your body temperature and conform to the shape of your hand.

Vinyl examination gloves are a good alternative for low-risk, short-term procedures that require lower strength and protection.

See our range of gloves page 38



	Nitrile	Vinyl
Durability	★★★★★	★★
Comfort	★★★★★	★★★
Elasticity	★★★★	★
Price	★★★★	★★★★★





All St John Ambulance adhesive dressings are Latex-free



**BEST SELLER**

**BULK BUY**

## St John Ambulance adhesive dressings

High quality stretch plasters. Available in various shapes and sizes. Each dressing is sterile and individually wrapped.

### Large Adhesive Dressing Pads

- Pack of 50**
- A: F10389** 10 x 7.5cm
- F10388** 5 x 7.5cm

### Fabric Plasters

- Pack of 10**
- B: F94027** Assorted

- Pack of 100**
- F94029** 7.5 x 2.5cm
- C: F94026** Assorted

### Plaster Sizes

- |                      |                                 |
|----------------------|---------------------------------|
| Pack of 100 assorted | Pack of 10 assorted             |
| ➤ 30 - 2.5 x 7cm     | ➤ 4 - 2 x 7cm                   |
| ➤ 30 - 2 x 7cm       | ➤ 4 - 4 x 4cm                   |
| ➤ 30 - 4 x 4cm       | ➤ 2 - 2.5 x 7.5cm (Low Allergy) |
| ➤ 10 - 5 x 7.5cm     | ➤ 2 - 2 x 6cm (detectable)      |

See our size guide on page 33.

### Washproof Low Allergy Plasters

- Pack of 100**
- F94030** 7.5 x 2.5cm
- F94021** Assorted

- Pack of 50**
- D: F94020** 7.5 x 5cm

- Pack of 10**
- E: F94022** Assorted

### Blue Washproof Detectable Plasters

Visually and electromagnetically detectable.

- Pack of 100**
- F: F94028** 7.5 x 2.5cm
- F94024** Assorted

- Pack of 10**
- G: F94025** Assorted

- Pack of 50**
- F90871** Extension plasters

### How to administer a plaster

- Clean and dry the wound and surrounding skin
- Unwrap the plaster and hold it by the protective strips over the backing with the pad side facing down
- Peel back the strips, but don't remove them
- Place the pad on the wound before pulling away the strips and pressing the edges of the plaster down.

## First aid dressings

### Sterile First Aid Dressing

- No.7 Small**
- H: F90132** 5 x 5cm
- No.8 Medium**
- F90101** 7.5 x 10cm
- No.9 Large**
- I: F90102** 10 x 12cm
- Extra Large**
- J: F90103** 16.5 x 25.5cm
- No.16 Eye Pad**
- K: F90105**
- HSE Medium**
- L: F90106** 12 x 12cm
- HSE Large**
- M: F90107** 18 x 18cm
- Finger Dressing**
- N: F90111** 3.5 x 3.5cm

**BULK BUY**

### Sterile Ambulance Dressings

- No.1**
- O: F07900** 10 x 12.5cm
- No.2**
- F07910** 15 x 20cm
- No.3**
- F07920** 20 x 28cm
- No.4**
- P: F07930** 20 x 32cm

### Applying a dressing

- The pad should always extend well beyond the edge of the wound
- Place the dressing directly onto the wound - do not slide on from the side
- If blood seeps through - do not remove the dressing, simply apply another dressing over the top.

### Training Dressing

- Q: F90117** 12 x 12cm
- This training dressing is ideal for practising those tricky steps in bandaging. Complies with BP specifications.

### Student Dressing Pack

- R: F79200**
- Contains all the essentials for a first aid training course. Contents: one triangular bandage, one training dressing, one pair medium nitrile gloves.



### Cannot find what you are looking for?

For our full range of wipes please visit [sja.org.uk/shopsupplies](http://sja.org.uk/shopsupplies)

Images not to scale.





A



D



E



B



C



F



G



H

**Triangular Bandages**

**Disposable - Non-Sterile**

**F11604** 90 x 90 x 130cm

Non-woven disposable triangular bandage - ideal for keeping in a first aid kit.

**Reusable Calico - Non-Sterile**

**A: F11600** 92 x 92 x 131cm

**Reusable Calico - Sterile**

**F11605** 90 x 90 x 127cm

Hemmed, hard wearing bandages - ideal for training and first aid kits.

**Safety Pins**

**Pack of 6**

**F12700** Assorted

**Crepe Bandage**

**Single**

**B: F11655** 5cm x 4.5m

**F00031** 7.5cm x 4.5m

**F11656** 10cm x 4.5m

**C: F11657** 15cm x 4.5m

**Pack of 10**

**F11659** 5cm x 4.5m

**D: F11661** 7.5cm x 4.5m

**F11658** 10cm x 4.5m

**E: F11660** 15cm x 4.5m

High stretch properties, ideal for support, compression and muscle strain bandaging.

**Conforming Bandage**

**Single**

**F: F90120** 5cm x 4.5m

**G: F90121** 7.5cm x 4.5m

**H: F90122** 10cm x 4.5m

**Pack of 5**

**F90125** 5cm x 4.5m

**F90126** 7.5cm x 4.5m

**F90127** 10cm x 4.5m

Lightweight bandage, ideal for dressing retention.



A



B



C



**BEST SELLER**

D



E



F



G



H



I



J



K

**Face Mask**

**A: F80023** 20 x 45cm

Designed specifically for burns and scalds to the facial area with pre-cut openings for eyes, nose and mouth, the Burnshield® face mask is suitable for use on 1st, 2nd and 3rd degree burns. The mask cools, soothes and moisturises the burn area while also providing protection against infections.

**Dressings**

**Single**

**B: F80003** 60 x 40cm Suitable for chest, back or baby limbs

**C: F80002** 20 x 20cm Suitable for face, hands or feet

**D: F80001** 10 x 10cm Suitable for small area burns

**Pack of 25**

**F80045** 10 x 10cm

**Pack of 50**

**F80028** 20 x 20cm

**Hydrogel dressings for the treatment of burns.**

- Ideal for EMS, NHS, fire industry and retail
- Made from open cell foam that is designed to hold gel in place and allows for heat dissipation
- Suitable for dressing the majority of most common burn areas.

**Strip Dressings**

**Single**

**E: F80215** 2.5 x 50cm Digit/paediatric dressing

**F: F80008** 5 x 100cm Limb/neck dressing

**Pack of 50**

**F80030** 5 x 100cm Limb/neck dressing

The Burnshield® limb and digit dressings are specifically designed to be applied to burns on limbs and fingers, and are impregnated with Burnshield® Hydrogel thus offering the same benefits to the patient as the Burnshield® dressings.

**Burn Blott Sachets 3.5ml**

**F80009** Single

**F80034** Pack of 3

**G: F80007** Pack of 10

- Sterile - non-toxic - non irritant
- Absorbs and dissipates heat - minimises burn damage
- Cooling - pain relief and shock reduction
- Clear - easy to assess wound
- Non-stick - will not adhere to wound
- Natural antibacterial.

**Contour Dressings**

**H: F80020** 1 x 1m Half body

**F80021** 1 x 2m Full body

- Ideal for EMS, NHS, fire industry and retail
- Made from cellular cotton that is designed to hold gel in place and allows for heat dissipation
- Suitable for dressing half and full body burn areas.

**Hydrogel Burn Treatment Spray**

**I: F80006** 50ml

**J: F80005** 125ml

**Provides instant cooling and pain relief.**

This can be applied liberally to burns, scalds and sunburn and is safe to use on children. Rehydrates Hydrogel burn dressings. Ideal for difficult to reach areas.

**Burnshield® Emergency Burncare Burn Dressing Multi-Pack**

**K: F80026**

Contains six sterile Burnshield® dressings. This kit is ideal for all emergency response vehicles, ambulances and defence force emergency services.

Contents: two 60 x 40cm dressings, two 20 x 20cm dressings and two 10 x 10cm dressings.

**About skills fade**

The HSE strongly recommends that your first aiders complete refresher training each year to keep their skills fresh. St John Ambulance thinks that this is really important so we're offering a **FREE Annual refresher course** to people who successfully completed the *First aid at work* course and half price to those who gained the *Emergency first aid at work* qualification.

**First aid training**

**Annual refresher**

[sja.org.uk/faqrefresher](http://sja.org.uk/faqrefresher)

This half-day course provides first aiders with an opportunity to practise and update their skills at any time while their first aid certificate is valid. It does not extend the period the original certificate is valid for but is strongly recommended by the HSE to combat first aid skills fade.

**Course duration:** ½ Day

To find out more about training at our premises or at yours, call **0344 770 4800†** or visit [sja.org.uk/trainingcourses](http://sja.org.uk/trainingcourses)

You can get this course **FREE\***

**About burn treatment**

Burns should be treated with cold running water for at least 10 minutes, once cooled, cling film should be applied over the burn if possible. If there is no or little running water available, a burn gel dressing can be used once the water has been exhausted to help with the cooling process and management of burns.

**The Burnshield® range**



Our exclusive range is treatment driven, ensuring that our full range of dressings cater for the treatment of burns over the whole body. Burnshield's range of Hydrogel dressings provide a non-adherent, sterile dressing for application to burns. The dressings provide physical protection against contamination, minimise trauma and are non-toxic, non-irritant and anti-bacterial.

The dressings are suitable for emergency care on superficial, partial or full thickness burns and scalds. Hydrogel dressing moistens, soothes and cools the affected area from the moment of application. Burnshield® dressings are also suitable for use on children.

\*The first Annual refresher training is free to those who gained the *First aid at work* qualification and half price to those who gained the *Emergency first aid at work* qualification.





**Vinyl Powder-Free Gloves**

<b>Box of 100</b>	
F12632-S	Small
<b>A: F12632-M</b>	Medium
F12632-L	Large
F12632-XL	Extra large
<b>Single Pair</b>	
F12682	Medium
F12683	Large

Vinyl examination gloves are a good alternative for low-risk, short-term procedures that require low strength and protection.

- ▶ Easy to put on
- ▶ Durable and comfortable
- ▶ Latex-free.

**Vinyl Pre-Powdered Gloves**

<b>Box of 100</b>	
F12630-S	Small
F12630-M	Medium
F12630-L	Large
F12630-XL	Extra large

**Our Price Promise**

We're confident that our prices are the best in the business, which is why we offer our price promise guarantee on all products. If you find an identical product for less elsewhere, we will match the price.\*

\*See our website for more details. Terms and conditions apply.

**Nitrile Powder-Free Extra Sensitive Gloves**

<b>Box of 100</b>	
F12636-S	Small
<b>B: F12636-M</b>	Medium
F12636-L	Large
<b>F12636-XL</b>	Extra large

These tough, extra sensitive gloves are produced from advanced third generation synthetic nitrile polymer, giving the glove an outstanding soft pliable feel and incredible sense of touch. Ideal for procedures which require a high degree of sensitivity. The specially formulated, highly elastic compound exerts virtually no pressure on the hand eliminating finger fatigue. This advanced material is thermo-responsive which enables the glove to conform to the hand in response to the temperature of the skin giving a precise fit.

- ▶ Free from allergenic proteins found in natural rubber Latex gloves
- ▶ Feather light sensitivity
- ▶ Superior comfort
- ▶ High protection
- ▶ Powder-free
- ▶ Accelerator free.

**Latex allergies**

- ▶ Natural rubber Latex is hazardous to health
- ▶ Following advice from the St John Ambulance medical committee, as well as concern for our many commercial customers, St John Ambulance has withdrawn from sale all types of latex gloves and recommends that vinyl or nitrile disposable gloves are purchased instead
- ▶ St John Ambulance is pleased to help our customers in their endeavours to reduce risk and protect people.

**Nitrile Powder-Free Gloves**

<b>Box of 100</b>	
F12633-XS	Extra small
F12633-S	Small
<b>C: F12633-M</b>	Medium
F12633-L	Large
<b>F12633-XL</b>	Extra large

- ▶ Blue protection gloves
- ▶ Nitrile material provides a high degree of softness, sensitivity, feel and flexibility
- ▶ Ideal for delicate procedures
- ▶ Reacts to body temperature conforming perfectly to the shape of the hand
- ▶ Latex-free.

<b>Single Pair</b>	
<b>D: F12634-M</b>	Medium
F12634-L	Large

Wrapped in pairs for maximum hygiene protection, portability and replenishing first aid kits.

**Glove Storage**

<b>Triple Glove Box Holder</b>	
<b>E: F12693</b>	40 x 29 x 10cm

This wall mounted triple glove box holder is held firmly to the wall allowing single handed extraction of the gloves. Can hold three different size glove boxes and takes most 100 pack glove boxes. Plastic coated, heavy duty wire construction.

<b>Gloves Dispenser</b>	
<b>F: F12678</b>	White 23.5 x 14 x 9.5cm

Plastic dispenser which holds most boxes of 100 gloves. Can be wall mounted.

# Looking for personal protection equipment?

Make sure your employees are protected by wearing the appropriate equipment. Browse our range of heavy duty gloves, face masks, safety glasses, ear protection, personal alarms, hi-vis vest and armbands and flashlights.



Visit our new online shop  
[sja.org.uk/shopsupplies](http://sja.org.uk/shopsupplies)

**More PPE  
 More choice**





**KOOLPAK® KoolBead Reusable Hot and Cold Pack**

- A: F11480K** 12.5 x 21cm
- F11480** Pack of 45 12.5 x 21cm
- B: F11481K** 17 x 28cm
- F11481** Pack of 14 17 x 28cm

Flexible gel bead technology which distributes the hot or cold temperature evenly to the injured area. Its ultra-soft velour backing provides superior patient comfort.

- Suitable for either hot or cold therapy
- Suitable for treating soft tissue injuries
- Use cold to reduce swelling, bruising and pain
- Use hot to relax stiff muscles and encourage blood flow to aid with healing
- Reusable pack delivers up to 20 minutes of soothing relief
- Contains Glycerin, Water and Sodium Polyacrylate.

**KOOLPAK® Ice Bag**

- C: F11484K** Medium 23cm
- F11484** Pack of 10 Medium 23cm
- F11485K** Large 28cm
- F11485** Pack of 10 Large 28cm

- Fill the durable bag with ice cubes or ice-cold water and place the bag onto the affected area to improve recovery
- The pleated design allows the bag fabric to conform to the contours of the body for maximum comfort and effectiveness
- Applying cold compression immediately following an injury drastically improves recovery times
- The bag is reusable, economical and easy to use for all body parts.

**KOOLPAK® Heat Patch - Pack of 4**

- D: F11483K**
- F11483** 36 packs of 4

- Dual action heat therapy and pain relief
- Increases blood flow to the affected area providing aid with the healing process
- Deep muscle relaxation
- Penetrating heat helps relaxes stiff, sore and aching muscles helping to restore movement
- Helps relieve neck, back, thigh, arm, calf and shoulder pain
- Direct to skin application
- Air activated
- Lasts up to eight hours
- Dimensions: 13 x 9.5cm
- Contains Iron, Activated Carbon and Water.

**KOOLPAK® Kool Patch - Pack of 4**

- E: F11482K**
- F11482** 36 packs of 4

- Fast acting instant cooling and pain relief for muscular aches, pain, strains and sprains
- Works by cooling the affected area to reduce swelling, bruising and pain
- Ideal to help treat soft tissue injuries
- Immediate instant treatment
- Relieves head, neck, back, shoulder and muscular pain
- Soft gel sheet perfect for direct skin application
- Cooling sensation can last up to eight hours
- Dimensions: 13 x 9.5cm
- Contains Glycerinum, Sodium Polyacrylate and Mint.

**KOOLPAK® Kool Spray**

- F: F114832** 150ml

The Kool spray is a fast acting spray that cools, soothes and relieves pain and muscular discomfort instantly.

**KOOLPAK® Elasticated Cold Bandage**

- G: F11469K** 7.5cm x 4.5m

Unique and innovative elasticated cold bandage combines cooling with compression which helps speed up recovery times. The bandage works by drawing the heat from the injured area through evaporation which helps reduce pain and swelling. The bandage is lightweight, easy to apply and doesn't restrict movement around the injured area.

- Perfect for immediate and effective treatment of inflammation and bruising of muscles, tendons and ligaments
- While the instant cooling relieves the pain, the compression helps control the swelling around the problem area which speeds up recovery times
- Small, light, easy to use and there is no need for refrigeration
- Stretchy material construction can easily fit around any part of the body and it is a great alternative to an instant ice pack
- The bandage can remain cold for up to two hours
- Single use
- Bandage can be cut to size needed and remaining bandage can be resealed in airtight tub to be used at a later date.

**KOOLPAK® Holster**

- H: F11435**

- A purpose made pouch, which is ideal for combining cold therapy with compression
- Eases swelling and improves recovery times
- Pouch attaches around limb with Velcro® fastening to help keep pack on injury
- Soft foam with comfortable fabric backing for maximum user comfort.

**KOOLPAK® Tumble the Tiger Instant Ice Pack**

- I: F11413** 15 x 16cm

- Ideal for treating soft tissue injuries on children
- Compact size is ideal for adding to first aid kits
- Quickly relieves pain and swelling.

**KOOLPAK® Reusable Hot and Cold Pack**

- J: F11436** 13 x 14cm
- N: F11439** 12 x 29cm

- Ideal for use on sports injuries
- For effective relief from muscular and joint aches and pains
- Stays cooler longer than a standard ice therapy solution
- Cool in freezer to use as a cold pack to reduce swelling
- Heat in microwave to use as a hot pack to increase circulation to injured area.

**KOOLPAK® Luxury Reusable Hot and Cold Pack**

- K: F11461** 13 x 14cm
- O: F11466** 12 x 29cm

- Soft, flexible luxurious pack moulds to the problem area
- Ideal for use on sports injuries
- For effective relief from muscular and joint aches and pains
- Stays cooler longer than a standard ice pack
- Cool in freezer to use as a cold pack to reduce swelling
- Heat in microwave to use as a hot pack to increase circulation to injured area.

**KOOLPAK® Mini Instant Ice Pack**

- Single**
- L: F11470** 15 x 16cm
- F11471**

This co-branded KOOLPAK® is now available in a handy size to fit in any first aid kit.

- Instant cold compress for sports injuries
- Suitable for physiotherapists and emergency treatment
- Quickly relieves pain and swelling
- Instantly activated, no refrigeration required
- Non-woven sachet
- Disposable.

**KOOLPAK® Instant Hot Pack**

- M: F11432** 15 x 23cm

These multi-functional packs can be used for a range of several different applications. As well as relieving pain and assisting to treat sore muscles, they can assist with keeping food and the body warm.

- Can be used to relieve pain and assist in treating sore muscles
- Ideal for applications such as neck pain, arthritis, back injuries and shoulder injuries
- Compact size make these packs ideal to take anywhere
- Pack can remain hot for around 40 minutes at room temperature
- Also ideal for soothing headaches and migraines
- Simple squeeze and shake activation - packs become hot within seconds
- Non-woven sachet
- Disposable.

**KOOLPAK® Instant Ice Pack**

- P: F11438** 12 x 29cm

This popular co-branded ice pack comes with our special assurance of quality and value for money and is the instant answer for sprains and swelling. No need for refrigeration. Comes in a non-woven sachet. Simply squeeze the pack to activate and then dispose of after use.





A



B



C



F



D



E



G



H



I



J



K



L



M



N



O

**St John Ambulance Hard Surface Wipes**

**A: F78045** 100 wipes 13 x 20cm  
Disinfection wipes impregnated with 70% Ethanol BP and 2.5% Chlorhexidine Digluconate solution BP. 13 x 20cm.

**St John Ambulance Sterile Moist Cleaning Wipes**

**B: F11509** Pack of 10 wipes  
**F11510** Pack of 100 wipes  
Individually wrapped wipes saturated in a simple, safe sterile water (NaCl). Can be used on an open wound. Non-woven spun lace - 8 x 10cm.

**Cannot find what you are looking for?**  
For our full range of wipes please visit [sja.org.uk/shopsupplies](http://sja.org.uk/shopsupplies)

**Clinell® Universal**

**C: F78054** 200 wipes 22 x 28cm  
**F78077** 40 wipes  
**D: F78053** 500ml spray

Developed by doctors, used by professionals.

Clinell® kills a vast range of germs and bacteria, including: MRSA, Salmonella, Influenza (H5N1), Hepatitis B, Hepatitis C and Norovirus.

The wipes are safe to use on skin.

- Proven to kill 99.9% of germs
- Kills MRSA within 10 seconds
- Stays effective for 72 hours after use
- Clinell universal spray provides a single, universal surface disinfectant and cleaning solution for non-invasive medical devices and hard surfaces. Proven to kill at least 99.99% of germs
- Alcohol free.

**Carell® Bed Bath Wipes**

**E: F78203** 8 wipes  
➤ These wipes are a simple, rinse free bathing solution designed to clean and moisturise all areas of the body in one easy step  
➤ Conveniently replacing the more traditional methods of bed bathing such as, preparing bowls, washcloths, water, soap, lotions and towel drying

- Cost effective, which reduces laundry bills and nursing time
- These large, soft wipes are designed for use on the following areas: face, neck, chest, arms, legs, back and buttocks
- They are dermatologically tested, alcohol and Inolin free, while containing a patented pH neutral formula with Aloe Vera and added moisturisers to promote healthy soft skin.

**Clinell® Hand Wipes**

**F: F78058-K**  
Antibacterial wipes for cleaning and disinfecting hands. Kills 99.999% of germs without the need for soap and water. Contains surfactants to clean and disinfect so can be used on visibly dirty hands. Contains moisturiser and Aloe Vera to avoid dry or sore hands.

**Clinell® Spill Wipes**

**G: F78221**  
Designed to make dealing with body fluid spills quick and easy. The pack contains one super absorbent, peracetic acid generating pad and two large disinfectant wipes. Contained within a resealable bag for easy and safe disposal of waste.

**St John Ambulance and WaterJel® Hand Sanitizer**

**H: F78028** 60ml  
**I: F78029** 240ml  
Instant antiseptic gel.  
Co-branded with St John Ambulance and WaterJel® products. The 60ml bottle is small enough to be carried for everyday use, the 240ml bottle is an ideal size to use indoors.  
Contains an instant antiseptic gel, killing 99.9% of germs - with no need for water. Enriched with Vitamin E and Aloe Vera which helps keep hands moisturised as well as fresh and clean.

**Bioguard Hand and Surface Wipes**

**Heavy Duty Wipes 40/45 GSM - Blue**  
**J: HW150** 150 wipes 20 x 20cm  
**Light Duty Wipes 23 GSM - White**  
**K: HW100** 100 wipes 13 x 13cm  
**HW200** 200 wipes 13 x 13cm  
**HW240** 240 wipes 20 x 22cm  
Alcohol free and powerfully effective.  
**Alcohol Wipes**  
**HW240A** 240 wipes 20 x 22cm

**Bioguard Surgical Hand Gel**

**Surgical Hand Gel without Clip and Reel**  
**F78084** 50ml  
**Surgical Hand Gel with Clip and Reel**  
**L: BGP050** 50ml  
**Surgical Hand Sanitiser Gel Flip Top Bottle**  
**M: BGP100** 100ml  
**Surgical Hand Gel Flip Top Bottle**  
**N: BGP250** 250ml  
**Surgical Hand Gel Pump Dispenser**  
**O: BGP500** 500ml  
Powerfully effective.  
Contains Aloe Vera to enhance skin conditioning and reduce risk of user skin irritation and sensitisation.





**Res-Cue Mask**  
**A: F79173**  
 The Res-Cue mask has been designed to provide protection for the rescuer when manually resuscitating patients.

- ▶ Transparent dome allows the rescuer to visually check patient's lip colour and to check for vomitus
- ▶ May be used on any patient of any age group
- ▶ Can be used with a resuscitator
- ▶ Includes O<sub>2</sub> inlet valve.

**Our Price Promise**  
 We're confident that our prices are the best in the business, which is why we offer our price promise guarantee on all products. If you find an identical product for less elsewhere, we will match the price.\*  
\*See our website for more details. Terms and conditions apply.

**Personal Protection Kit**  
**B: F79213**  
 Keep a protection kit on you at all times. This compact pouch which can fit on to a belt comes complete with an emergency treatment card, St John Ambulance branded Revive-Aid face shield, a pair of nitrile powder-free gloves and a cleansing wipe. The green pouch has Velcro® fastenings and a key ring attachment.

**Empty Personal Protection Pouch**  
**F79214** 15 x 10.5cm

**St John Ambulance Face Shield**  
**C: F79168** Single  
**F79167** Pack of 10  
**F79169** Pack of 100

St John Ambulance branded resuscitation face shield. The large plastic sheet and breathing filter ensure that no contact is made with a casualty's face or fluids. Available in singles, packs of 10 or 100. Individually wrapped.

**Revive-Aid**  
**D: F79066**  
 A great value face shield with a sturdy one-way valve.

**Lifekey**  
**E: F79026**  
 This ingenious key ring holds a superior face shield in a compact pouch for easy access when time is scarce. Fits easily in a pocket and when attached to your keys it will always be with you. The shield itself has a one-way valve and is clearly marked so there can be no doubt which way it should be placed on the casualty.

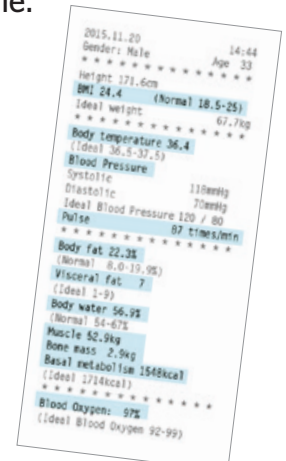
**Face Shield Key Ring**  
**F: F79184**  
 A St John Ambulance face shield contained in a quality fabric key ring featuring the St John Ambulance logo. Carry it with you to ensure that you are always protected.



# Lifestyle Checkpoint

The Lifestyle Checkpoint is a compact health and wellbeing kiosk ideal for the workplace. The kiosk allows employees to self-monitor their physical wellbeing at work, all they have to do is simply stand on the kiosk and follow the step-by-step instructions. Employees receive a print out of their results so they can track and monitor their results over time, set themselves goals and motivate themselves towards a healthier lifestyle.

The assessment measures: height, weight, blood pressure, Body Mass Index, visceral fat, total body fat, blood oxygen saturation levels, hydration levels, body temperature, muscle weight, bone mass and basal metabolism.



Find out more at our new online shop

[sja.org.uk/shopsupplies](http://sja.org.uk/shopsupplies)





A



B

Supplied product may look slightly different



C



D



E



F



G



H

**Signature Eye Wash Kit**

- A: F30093** 28.5 x 27 x 11
- Constructed from tough ABS plastic
  - Strong hinges give greater strength and durability
  - Lid is secure and tight incorporating special 'lipseal' mouldings to protect contents against dust and water
  - Box seals are available (purchase separately) to protect the contents from pilfering.

Contents	Qty
Eye Wash Solution - 500ml	2
Eye Pad - No.16	2
Wall Bracket	1
Mirror	1
Eye Wash Phials - 20ml	2

**Emergency Eye Wash Station**

- B: F17860** 36 x 51 x 10cm
- A great value eye wash station.
- Wipe clean hard wearing plastic with retroreflective printed instructions - useful if a power cut happens, the station can still be used easily
  - Dust proof heavy duty cover keeps contents clean
  - Central mirror for easy application
  - Complete with emergency eye injury instructions.

Contents	Qty
Eye Wash - 500ml	2
Eye Pad Dressings - No.16	2
Eye Wash Phials - 20ml	5
Mirror	1

**Outdoor Eye Wash Station**

- C: F17878** 28 x 19 x 11cm
- This eye wash station is suitable for outdoor use. It has a rubber door seal making it dust proof and shower proof. A transparent door makes it easy to view the contents and a wall mounting bracket allows the station to be firmly secured until required at the scene of an accident. It can also be carried with its strong carry handle. Contains two 500ml bottles of eye wash and six sterile eye pads.

**Eye Wash Pod**

- D: F17877**
- Contains sterile 0.9% saline, ready for use. Can be wall mounted.

Contents	Qty
Eye Wash Phials - 20ml	10
Eye Pad - No.16	1

**Eye Wash Phials**

- E: F17881** Round eye wash phials 20ml - pack of 25
- Suitable for eye wash and wound cleansing.

**St John Ambulance Eye Wash**

- F: F17884** Eye wash - 500ml

**Eye safety signs**

**Eye Protection**

- G: F90421** Vinyl 30 x 10cm

**Emergency Eye Wash**

- H: F90431** Vinyl 25 x 30cm



**Foreign objects in the eye**

Foreign objects floating on the surface of the eye can be easily rinsed out. Never attempt to remove anything that is sticking to the eye or is embedded in the eye.

**Treatment:**

- Ask the casualty not to rub their eye
- Stand beside them, gently separate their eyelids with your thumbs or finger and thumb. Ask them to look right, left, up or down. Examine the eye as they do it
- Keep eye open and wash out any foreign object on the white of the eye by pouring clean water from a glass or jug or eye wash if clean water is not available. Pour the water from the inner corner of the eye
- If this doesn't work, try and lift the object out with the damp corner of a clean handkerchief
- If you still can't remove the object, seek medical help.

St John Ambulance, First aid reference guide.

# Looking for health and safety equipment?

Browse more equipment to keep your workplace safe, including bedding and blankets, sharps disposal containers, body fluid clean up kits, mops, medical disinfectant spray and clinical waste bags.



Visit our new online shop  
[sja.org.uk/shopsupplies](http://sja.org.uk/shopsupplies)

**More health and safety equipment  
 More choice**

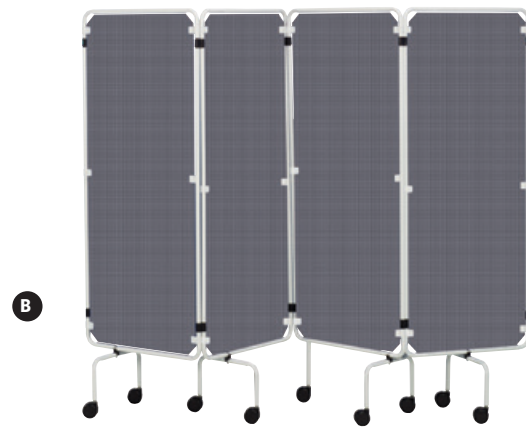




**BEST SELLER**



A



B



C

Paper roll not included.



D

Paper roll not included.



E



F



G



H

## Screens

### Portable Screen\*

**A: F62004**

Quality Epoxy coated medical screen with green wipe clean curtain.

▶ 168 x 244cm (fully extended) - 168 x 61cm (closed).

### Executive Panel Screen\*

**B: F75023**

This executive panel screen is designed to provide a modern alternative to the traditional plastic and polyester screen curtains.

- ▶ Easy to clean hygienic construction with high specification fire retardant plastic panels
- ▶ Panels cover full frame of screen for complete privacy
- ▶ Four panels per kit supplied with all fastenings, frame and fitting instructions
- ▶ 168 x 244cm (fully extended) - 168 x 61cm (closed)
- ▶ Minimal assembly required.

## Examination couches

### Executive Examination Couch\*

**C: F75020** Newbury blue

Also known as the Winchester fixed height couch, this is an exceptionally robust, sturdy couch with a modern look and feel at a competitive price.

Key features:

- ▶ Unique paper roll holder supplied as standard that can be fitted either within ('inboard') the couch frame or externally ('outboard')
- ▶ Extremely reliable self locking multi-position adjustable backrest
- ▶ Unstitched, rounded upholstery corners for hygiene and cleanliness
- ▶ 3.8cm thick foam couch top
- ▶ Easy to clean modern upholstery
- ▶ Simple levelling for uneven floors
- ▶ Sculptured tube frame to ease backrest lifting
- ▶ Easy to clean, hygienic epoxy coated white frame
- ▶ Ideal for general examination in a first aid room/area
- ▶ Supplied flat packed with easy to follow assembling instructions
- ▶ Manufactured to comply with the essential requirements of the Medical Devices Directive 93/42 EEC
- ▶ Maximum user weight 160kg - Couch weight: 36kg.

Dimensions:

- ▶ Paper roll holder 'inboard' - 80cm (H) 70.5cm (W) 184cm (L)
- ▶ Paper roll holder 'outboard' - 80cm (H) 70.5cm (W) 180cm (L).

### Examination Couch\*

**D: F75005A-BLK** Black

**F75005A-BLU** Blue

Also known as the Bookman fixed height couch.

- ▶ Paper roll holder supplied as standard that can be fitted either at the head or the foot of the couch
- ▶ Supplied flat packed with easy to follow assembling instructions
- ▶ Manufactured to comply with the essential requirements of the Medical Devices Directive 93/42 EEC
- ▶ Available in black or blue
- ▶ Maximum user weight 160kg - Couch weight: 36kg
- ▶ Dimensions: 76(H) 60cm (W) 183cm (L).

### Footstool\*

**E: F75001** 31 x 53 x 15.5cm

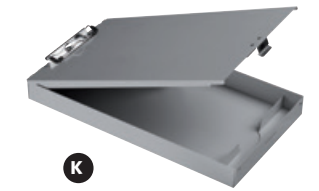
Single tier step for use with examination couches, black only.



**I** Contents not included.



J



K



L



M



N



O

## Trolleys

### Executive Trolley with Trays\*

**F: F75021** 96 x 36.5 x 44.5cm

Four shallow trays and one deep tray.

### Executive Trolley with Shelves\*

**G: F75022** 96 x 52 x 44.5cm

One shallow tray and three shelves.

### Surgical Trolley\*

**H: F62005** 91.5 x 46 x 46cm

This trolley is constructed using Epoxy coated tubing to cope with daily use. The two aluminium shelves are tough and easy to clean. It is easily manoeuvred and durable to provide years of service.

## Refrigerator and cabinet

### Pharmacy Refrigerator\*

**I: F95555** 58 x 42.2 x 39.3cm - 30ltrs

This pharmacy refrigerator keeps temperature sensitive medicines between 2 to -8°C. With the help of tray dividers medicines can be organised. On the top of the refrigerator, a digital thermometer helps to check the interior temperature and shows the minimum and maximum temperatures until reset. The magnetic sealing is used for the fridge's cooling effectiveness.

This fridge includes manual defrost and is locked with a locking mechanism and key which comes supplied with each fridge. 58 x 42.2 x 39.3cm.

Contents not included.

### First Aid Cabinet

**J: F40035** 34 x 41 x 14 cm

Two fixed shelves. Supplied with key.

## Accessories

### Posse Box - CruiseMate Clipboard

**K: F06076** 23 x 40 x 4cm

Made of tough, durable recycled aluminium featuring an antimicrobial coating for product protection.

## Glove Dispensers

**Glove Dispenser**

**L: F12678** White 23.5 x 14 x 9.5cm

Plastic dispenser which holds most boxes of 100 gloves. Can be wall mounted.

**Triple Glove Box Holder**

**M: F12693** 40 x 29 x 10cm

This wall mounted triple glove box holder is held firmly to the wall allowing single handed extraction of the gloves. Can hold three different size glove boxes (not included) and takes most 100 pack glove boxes. Plastic coated, heavy duty wire construction.

## Kendal Waste Bins\*

**50 Litre**

**N: F62015-YEL** 64 x 41 x 44cm

Kendal waste bins are designed to make them difficult to open by hand, encouraging the user to use the foot operated pedal, thus minimising the risk of cross contamination. The pull out handle allows easy movement and the silent closing feature means that the lid drops quietly and slowly.

Each bin is fitted with a specially designed wide pedal, which allows the sack holder to be approached from both the front and sides.

**20 Litre**

**F62016-WHI** 57.5 x 22 x 35cm

**O: F62016-YEL** 57.5 x 22 x 35cm

- ▶ White lid for domestic waste only.
- ▶ Yellow lid for clinical waste only.



IOSH working safely training. This one day course for all employees meets the government's guidelines for introductory health and safety training and conforms to the HSE's Passport Scheme syllabus.

Call **0344 770 4800\***, or visit [sja.org.uk/ioshcourse](http://sja.org.uk/ioshcourse)

\* Not available for next day delivery.



# 4 Evacuation equipment

Contents

Patient comfort and safety in an emergency situation is of vital importance. Our extensive range of evacuation and patient transportation products can offer this in any emergency.

Look out for our best selling evacuation chair range, the Evacusafe Excel Tracked Evacuation Chair, as well as the Evacusafe Four Wheel Mk11 Transit Chair (page 52).

Visit our new  
online shop  
[sja.org.uk/shopsupplies](http://sja.org.uk/shopsupplies)

Evacusafe	52
Carry chairs, wheelchair and transit chair	53
Stretchers and scoops	54
Spinal boards	55



**BEST  
SELLERS**

**Aquaboard**  
See page 55

**Evacusafe  
Excel Tracked  
Evacuation Chair**  
See page 52



**Find immobilisation  
equipment**  
**More evacuation  
equipment**  
**More choice**



### Equality Act 2010

The Equality Act requires organisations to consider egress from buildings. Our range of evacuation chairs will ensure you have the right means to evacuate a disabled or unwell person in the event of an emergency.

### X-ray translucent

All products featuring this symbol are X-ray translucent.



## What to consider when choosing an evacuation chair

- Does the chair have a flat, comfortable seat as standard?
- Is it lightweight, under 14kg?
- Does it fold out in one easy operation?
- Is it on four wheels to help reduce heavy lifting and manual handling?
- Does it have built in carry handles?
- Do you get hooks/brackets, cover, signage, DVD, instructions included as standard?
- Does it require expensive servicing and maintenance?
- Does the manufacturer supply certificated training courses?
- Is the product CE certified and the company ISO 9001 registered?

Please see **pages 52-53** for our range of evacuation chairs.







**BEST SELLER**

**Evacusafe Excel Tracked Evacuation Chair**

**A: F77027**

The Excel Tracked Chair has a load capacity of 182kg and enhanced features as standard, extending its potential operating use for any organisation. Be it staff, visitors or members of the public who may require assistance, the Excel Tracked Chair can do the job. Can be operated by a single person.

- Four permanently deployed wheels with safety break on rear
- Wide flat seat, fully open
- Weight bearing armrests
- Footrest
- Padded head cushion
- 3-point client support harness
- Anti-slip operator handles
- Integrated carry handles
- Additional leg strap
- Fold flat for wall mounting
- Height 113cm (folded) 143cm (open)
- Width 65cm
- Depth 29cm (folded) 99cm (open)
- Weight 13.6kg.

Complete with protective dust cover, wall mounting hooks, wall sign, visual inspection sheet, operating guide, and instructional DVD.

Please note: A minimum of two operators are required to carry the chair but additional operators may be necessary dependent of the weight to be lifted.



**Evacusafe Four Wheel Mk11 Transit Chair**

**B: F77028**

Primarily used to transport individuals across level surfaces to a place of safety, this four wheeled transit chair is similar to those used by hospitals and ambulance services and it can be used to carry patients either up or down stairs. It helps spread the total weight when a person is in the chair and ensures that they feel safe and relaxed.

- Sturdy construction for ultimate safety
- Four wheels for easy manoeuvrability (acts like a wheelchair on level ground)
- Quick release seatbelt
- Padded seat
- Flat seat and footrest
- Enhanced sure grip handle which can be folded down to minimise size
- Built in carry handles ensures chair is carried in correct position
- Folds down to a compact size
- Load capacity 110kg
- Height 83cm (folded) 93cm (open)
- Width 52cm
- Depth 26cm
- Weight 6kg.

Complete with protective dust cover, wall mounting hooks, wall sign, visual inspection sheet, operating guide, and instructional DVD.

**Evacuation Chair Servicing**

**F77042**

Keep your equipment safe with expert evacuation chair servicing by Evacusafe. We recommend you service your evacuation chair every 24 months. By purchasing this service, you can ensure your equipment is kept in optimum working condition so that it's ready to go in the event of an emergency. This product is valid for one service.

It is a requirement under PUWER (Provision and Use of Work Equipment Regulations) that a workplace should ensure any equipment used by its employees is maintained in efficient order and good repair.

## Evacuation chair + training package\*

Have you got the right equipment to safely move the mobility impaired?

Buy your chair with our training package: an evacuation chair and training for up to six people on your premises. Call us for more information.

For details about this package please call **0344 770 4808†**

\*Terms & conditions apply.



**FERNO**  
When It's Critical®



**BEST SELLER**

**Compact 2 Carry Chair**

**C: F76108**

The Compact 2 is manufactured from stainless steel for durability and strength and has internal reinforcements for added rigidity.

- Open: 93.5 x 44.5 x 42cm
- Folded: 77.5 x 44.5 x 28.5cm
- Weight: 8.33kg
- Load capacity: 200kg.

**Saver Safe Evacuation Chair**

**D: F77024**

The Saver Safe Evacuation Chair is a single user operated emergency evacuation chair. It glides downstairs easily and smoothly to ensure no heavy lifting or manual handling is required.

- Lower, adjustable easy-grip handle for operator control and comfort
- Lightweight and easy to store
- Removable, adjustable head pad and comprehensive patient restraint
- Supplied with wall bracket, cover and signage
- Open: 133.4 x 91.4 x 52.7cm
- Folded: 103cm
- Weight: 11.2kg
- Load capacity: 180kg.

**Hi-Profile Carry Chair**

**E: F75940**

Lightweight chair with two attendant lifting loops. A raised seat panel and chest restraint maximises patient comfort and security.

- Dimensions: 91 x 42cm
- Weight: 8.5kg
- Load Capacity: 114kg.



**BEST SELLER**



**Self-Propel Wheelchair - S1**

**F: F75914**

The S1 has been designed with an easy fold mechanism. To fold the chair, ensure that the footrests are in the forward position and that the plastic footplates are flipped up. Holding the front and rear edge of the seat sling, pull the seat in an upward motion. The wheelchair will naturally fold up.

- 61cm rear mag self-propel wheels for added strength and durability
- 12.5cm transit wheels
- Robust steel frame
- Simple to operate
- Wipe clean vinyl upholstery
- Padded armrests
- Removable and height adjustable footrests
- Weight: 18kg
- Load capacity: 115kg.



**Lightweight Travel Transit Chair**

**G: F75939**

Designed for occasional use in indoor and outdoor situations, such as transit to and from a car, shopping centres or retail locations and for short distances on flat terrain.

- Quick release/short out height adjustable footrests
- Half folding back
- 48cm width seat canvas and nylon upholstery with lift-up straps and lap belt
- Parking brakes
- Flip-up stepper tube
- Desk friendly compact armrests
- Padded back canvas with phone and map pockets
- Metallic silver finish
- Tool kit included
- Supplied in a bag
- Weight: 8.6kg
- Load capacity: 115kg.



**Transit chairs**

Transit chairs are primarily used to transport persons across level surfaces to a place of safety.

You do need to consider that it will require physical effort to perform this. It can be used by 2, 3 or 4 people depending on the person who is being evacuated. Because of the lifting and manual handling involved, it is recommended that a full risk assessment and PEEP should be carried out.

**Safely moving a casualty**

Depending on your workplace, having appropriate equipment for moving people to your first aid room or area could be vital.

**Our Price Promise**

We're confident that our prices are the best in the business, which is why we offer our price promise guarantee on all products. If you find an identical product for less elsewhere, we will match the price.\*

\*See our website for more details. Terms and conditions apply.





**BEST SELLER**



**Duo-Fold Stretcher**

**A: F75350**  
Also known as the Hi-Profile Stretcher this St John Ambulance branded stretcher folds in both length and width to an extremely compact size. A combination of collapsible spreader bars and low profile hinges on the stretcher poles permits quick and easy deployment.

- ▶ Poles constructed from lightweight aluminium for easy lifting
- ▶ Non-slip plastic carrying handles
- ▶ Vinyl fabric is impervious to stains and mildew for easy care
- ▶ Stirrup feet raise the casualty off the ground
- ▶ Dimensions: 206 x 54 x 15cm - unfolded
- ▶ Weight: 6kg
- ▶ Load capacity: 159kg.

**Accessory**  
**F75360** Carry Bag

**Scoop™ Stretcher**

**B: F61033**  
This St John Ambulance branded Scoop Stretcher has been designed so that either end or both ends of the stretcher can be uncoupled to gently scoop up the patient using a scissor-type closing motion. Helps to support the patient in the position found, reducing the risk of further injury.

- ▶ Narrow foot end frame for handling in confined areas
- ▶ Telescoping tubes allow three length adjustments to fit patients of various heights

- ▶ Centre design permits patient to be X-rayed
- ▶ Duo-fold
- ▶ Supplied with three quick release straps
- ▶ Open: 166 x 42.2 x 6.7cm
- ▶ Folded: 120 x 42.2 x 10cm
- ▶ Weight: 8kg
- ▶ Load capacity: 159kg.

**Scoop™ 65 EXL**

**C: F61037**  
The Scoop™ 65 EXL is a moulded high density polypropylene stretcher. Ergonomically designed from high strength aluminium and precision mouldings. Lightweight and strong.

The benefits of Scoop™ 65 EXL include:

- ▶ Four Biosafe speed clips
- ▶ Specially designed twin safety lock hinges
- ▶ Can be split into two pieces
- ▶ Easy to clean
- ▶ Length: max 210cm
- ▶ Folded: 120 x 43 x 8cm
- ▶ Weight: 8kg
- ▶ Load capacity: 159kg.



**SX Orthopaedic Stretcher**

**D: F75500**  
The SX orthopaedic stretcher is ideal for casualties with possible spinal injuries. There is no need to lift or move the casualty. The stretcher opens out with a scissor-like action so the casualty can be transferred without the risk of further injury.

- ▶ Lightweight stretcher constructed from tubular aluminium
- ▶ Telescopes to accommodate all sizes
- ▶ Folds down for compact storage
- ▶ Complete with three straps
- ▶ Dimensions: 42 x 8 x 166cm
- ▶ Weight: 10kg
- ▶ Load capacity: 170kg.

**Accessory**  
**F00040** Pack of 3 straps



**Moving and handling for first aiders training**

This one-day course is recommended for any first aider who needs to move or handle casualties. It is designed to ensure both first aiders and casualties stay safe in an emergency.

To find out more or book this course call **0344 770 4800\*** or visit [sja.org.uk/trainingcourses](http://sja.org.uk/trainingcourses)



**Aquaboard**

**E: F75475**  
The Aquaboard has been designed and developed in conjunction with The Royal Life Saving Society (RLSS) UK for the rescue of casualties with suspected spinal injuries from swimming pools and leisure centres.

- ▶ Used to immobilise a casualty in the water and recover to the poolside
- ▶ Neoprene back support attaches to the board and prevents the casualty from slipping
- ▶ Patient positioning instructions clearly displayed on the board
- ▶ Special design allows the board to float up and under the casualty
- ▶ X-rays can be taken while the patient remains on the board
- ▶ Includes head restraint, five straps and back support pad
- ▶ Dimensions: 183 x 43 x 1.2cm
- ▶ Weight: 8kg
- ▶ Load capacity: 182kg.

**Accessories**

**F: F76001** Head Restraint  
**G: F76002** Pack of 5 straps  
**H: F76003** Back Support Pad

**Millennia™ Backboard with Speed Clips**

**I: F75472**  
A modern board developed in ABS high impact resistant plastic, the Millennia™ Backboard offers full body immobilisation to casualties with suspected spinal injuries.

- ▶ Manufactured from lightweight material
- ▶ Plastic finish facilitates easy cleaning
- ▶ Includes four speed clip patient restraints and bag
- ▶ Dimensions: 183 x 46 x 4.5cm
- ▶ Weight: 6kg
- ▶ Load capacity: 159kg.

**Accessory**  
**J: F76400** Pack of 4 Speed Clip Straps

**Dixie Backboard with Speed Clip Pins**

**K: F76110**  
▶ ABS Impact resistant plastic construction  
▶ Improved hand holes designed to accommodate gloved hands  
▶ Moulded speed clip pins  
▶ X-ray translucent  
▶ MRI compatible  
▶ Floats for water rescue  
▶ Load capacity: 454kg  
▶ Dimensions: 198.12 x 45.72cm.

**Two-piece Strap with Speed Clip Ends**

**F75474** Pack of 4  
To fit all boards with clip pins.

**BaXstrap Spine Board**

**L: F75473**  
▶ Extrication board for full body immobilisation to casualties with suspected spinal injury  
▶ Contoured design that cradles the patient while ensuring proper immobilisation  
▶ Seamless mould makes it as easy to clean as it is to use, with in-moulded pins for easy strapping, extra-large hand holds for easy access and comfort  
▶ Water resistant, can be used in all environmental conditions  
▶ Rigid and lightweight yet radiolucent for a clearer view of the spine during X-ray, MRI or CT scan  
▶ Can be used with Speedblock head immobiliser  
▶ Made from durable carbon fiber and latex-free  
▶ Five year warranty  
▶ Dimensions: 183 x 40.6 x 5.8cm  
▶ Weight: 6.02kg.

**Health and safety training**

**Moving and Handling Principles**

This three-hour course provides essential support for all employees and helps employers to meet the requirements placed on them by manual handling regulations.

**Course duration:** Three hours  
**Certification:** Three year.

**Moving and Handling People**

This four-hour course shows how the principles of moving and handling apply when helping people. It is relevant to healthcare workers and providers.

**Course duration:** Four hours  
**Certification:** Three year.

For more information please visit [sja.org.uk/trainingcourses](http://sja.org.uk/trainingcourses)



**Exclusive web offers**

Visit our website at [sja.org.uk/shopsupplies](http://sja.org.uk/shopsupplies) for the latest offers.



# 5 Independent living

Contents

We have recently launched a range of essential aids to help with mobility and every day living. From pill crushers to jar openers, bath mats and urinals, our products are designed to encourage and support independent living.

**NEW  
PRODUCT  
RANGE**

**Visit our new  
online shop**  
[sja.org.uk/shopsupplies](http://sja.org.uk/shopsupplies)

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**7 Day Pill Pouch**

See page 58



**Comfort Grip Cutlery**

See page 58



**More independent  
living products  
More choice**



**Easi-Grip  
Toenail Scissors**

See page 59



**Anti-Slip Bottle  
Opener**

See page 58



**Anti-Slip Jar  
Opener**

See page 58





**Anti-Slip Opener**

- A: F99500** Jar opener
- B: F99501** Bottle opener
- Assists in opening jars, bottles and pill containers
  - Can be used to grip and provide hold
  - Useful for people with any condition that weakens hand grip, such as arthritis
  - Can be operated with one hand
  - Fully washable, long lasting and dishwasher safe
  - Antimicrobial - providing built-in protection against a wide range of bacteria including MRSA and E. coli
  - Non-toxic and chemically inert, does not contain Phthalate plasticisers
  - Can be cleaned easily using warm soapy water
  - Diameter: Jar opener: 11.5cm, Bottle opener: 6.3cm.

**Blue 3 in 1 Pill Cutter and Crusher**

- C: F99505**
- 3 in 1 pill cutter, crusher and storage unit
  - Compact and portable
  - Secure hinged lid keeps blade safely stored away
  - Contains removable storage compartment
  - Removing the storage compartment enables the container to be used as a drinking cup
  - Easy to clean
  - Dimensions: 6.3 x 4cm diameter.

**7 Day Pill Pouch**

- D: F99506**
- Pouch containing seven multi-coloured pill cases to provide a simple, but effective way for organising medication
  - Pill cases with secure sliding lids

- Four separate compartments within each pill container, for morning, noon, evening and bedtime
- Inserts can be removed and taken out by user
- Dimensions: 12.7 x 11 x 5cm.

**Comfort Grip Cutlery**

- E: F99516**
- Designed to aid users with a weak hand grip or limited hand movement
  - Utensils manufactured from stainless steel
  - Soft rubber ribbed handles to facilitate a better grip even when wet
  - Large, cushioned and weighted handle for ease of control when in use
  - Knife length: 21cm
  - Fork length: 20cm
  - Dessert spoon length: 19cm
  - Teaspoon length: 16cm
  - Handle dimensions: 10 x 3.5cm.

**Sure Tread Mat**

- F: F99508** Shower mat 55.5 x 55cm
- G: F99514** Bath mat 78 x 35cm
- Non-slip mats with a ridged non-slip surface
  - Gives the user a real sense of security and total peace of mind whilst using the shower or bath
  - Reduces the risk of slips and falls, allowing the user to get in and out and move around in the shower or bath with confidence
  - Made from high grade medical quality rubber and with suction cups on its underside to ensure the mat stays securely in place during use
  - Machine washable at 40 degrees.

**Easi-Grip Toenail Scissors**

- H: F99511**
- Ideal for those with limited mobility or for those who find it difficult to bend
  - Feature specially offset blades, which facilitate a more convenient and comfortable action when trimming nails
  - Slightly serrated to ensure good grip while cutting
  - Produce a neat, clean, snag-free finish when used
  - Extended length enables the user to take maximum advantage of the extra leverage and to use more of the hand

- Long loop handle for excellent grip
- Good leverage reduces effort required
- Ergonomic angled blade position.

**Poly Stocking Aid**

- I: F99512**
- Assists individuals, who have difficulty bending forward, to put on socks or stockings independently
  - Soft plastic stocking aid can be easily folded or rolled to fit inside sock or stocking
  - Curved cut outs on sides then hold sock or stocking open and in place while being pulled up leg
  - Long webbing strap attached to stocking aid allows user to pull both aid and sock up leg without bending over
  - Latex-free
  - Easy to wipe clean.

**Male Urinal**

- J: F99507**
- Used when access to toilet is difficult eg. when bed-bound
  - Designed to prevent spills
  - Features snap-on lid to further prevent spills and help confine odours
  - Sturdy handgrip for easy handling

- Made from lightweight, durable and easy-to-clean plastic
- Graduation marks allow output measurement
- Can hold 1 litre.

**Female Urinal**

- K: F99515**
- Used when access to toilet is difficult eg. when bed-bound
  - Designed to prevent spills
  - Anatomically shaped at opening to enable use when standing, lying or sitting
  - Sturdy handgrip for easy handling
  - Made from lightweight, durable and easy-to-clean plastic
  - Graduation marks allow output measurement
  - Can hold 1 litre.



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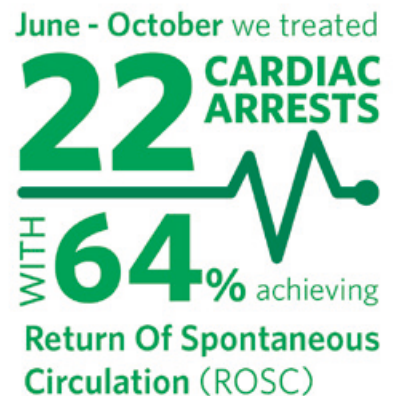
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