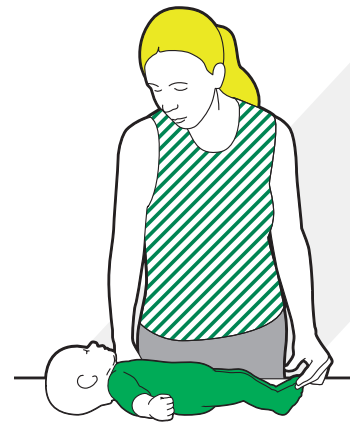


# Ask me what to do if your baby is unresponsive

## 1. Check for a response

- Tap their foot and call their name.
- If they don't respond, call for help.



## 2. Open their airway

- Gently tilt their head back.



## 3. Check for breathing

- Look, listen and feel for no longer than 10 seconds.



## 4. If they are breathing

- Hold them in the recovery position.

### If they are not breathing

- Call 999/112 for emergency help.
- Begin CPR.

