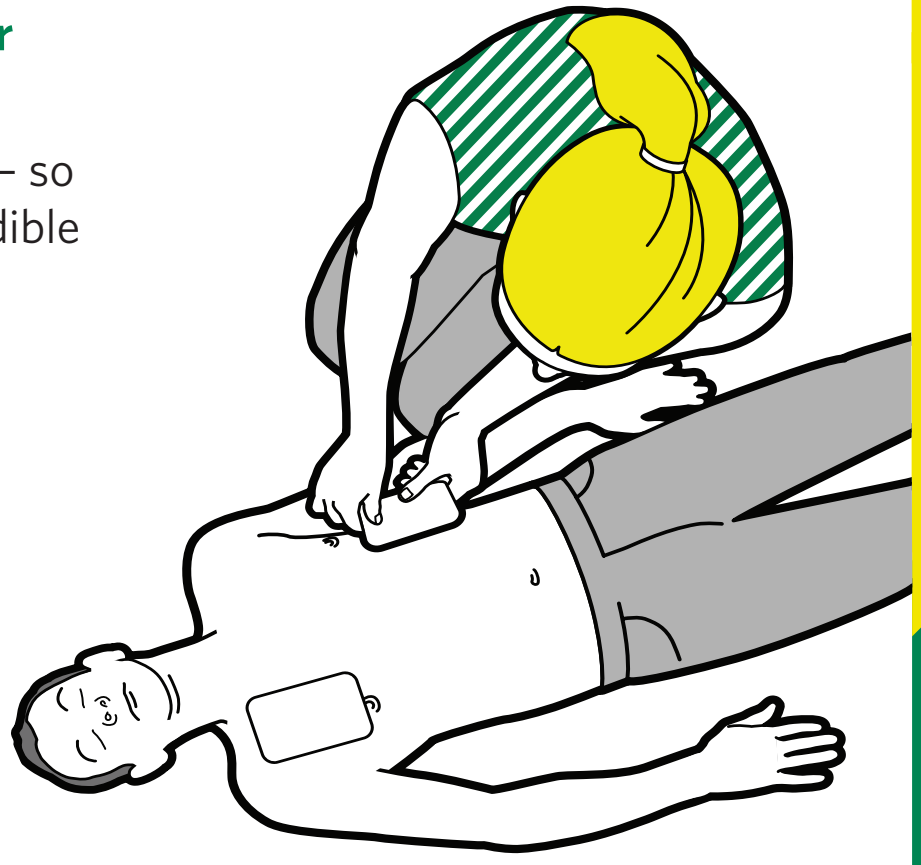
St John Ambulance

Defibrillator checklist

In the UK, the NHS ambulance services attempt resuscitation in approximately 30,000 people each year. Bystander CPR and use of a defibrillator can increase the chances of survival by two to four-fold*.

We've put together a checklist to help you ensure your defibrillator is always ready for use.

Defibrillators self-test on a daily, weekly or monthly basis – so your device will signal, typically with a flashing light or audible alert, if there is a problem, for example, pads not correctly connected, or low battery.



1. **Set up a regular inspection procedure for your defibrillator**
2. **Record your inspections below**
3. **Record the expiration date of pads and batteries**
4. **Reorder batteries and pads before they expire**
5. **Follow the guidance in your product manual when cleaning your defibrillator**

Pads expiration date

Batteries expiration date

Defibrillator ready to use?	Date	Initial

Need new pads or batteries? Order now at sja.org.uk/shop or call 0344 770 4808†

* 2021 Resuscitation Council Guidelines, Resuscitation Council UK

† We're available Monday-Friday 8.30am to 5.30pm.